YOUR COMFORT ZONE WON'T TEACH YOU

FAILURE WILL

San Diego State University Leadership Summit 2018
February 17, 2018 | Aztec Student Union
On behalf of a team of dedicated professional and student staff, welcome to the 2018 SDSU Leadership Summit! This year’s theme revolves around the interconnected concepts of “Failure. Change. Success.” Join us as we explore how leaders are able to achieve success even after experiencing failure and/or setbacks, and at the same time building perseverance and resilience. Our goal is to provide you with tangible strategies to take back to your campus and communities, ultimately empowering you to apply those ideas in the real world.

To achieve this, we have a dynamic program planned for the day which will include insight from university leaders, performance arts, skill-building workshops, networking opportunities with peers as well as alumni and business leaders, and words of wisdom from our keynote speaker. This morning’s keynote speaker is Dr. Lori White, the Vice Chancellor for Students at Washington University in St. Louis. We are excited to welcome Dr. White back to San Diego State University, where she previously served as the Dean of Students.

Enjoy what we hope will be a transformative experience.

Christy Samarkos
Associate Vice President for Student Affairs
DR. LORI WHITE
Vice Chancellor for Students at Washington University in St. Louis

Dr. White has spent over 30 years working in higher education. Prior to her arrival at Washington University she served as the Vice President for Student Affairs and clinical professor of education at Southern Methodist University, and has also worked at the University of Southern California, Stanford, Georgetown and San Diego State Universities, and University of California, Irvine.

At Washington University, Dr. White and her colleagues are responsible for a range of student life programs including: residence halls; student activities; student leadership programs; student conduct; the Center for Diversity and Inclusion; the First Year Student Center; health and wellness programs; career services; student academic support programs; international students and scholars; scholarship programs; the Danforth University Center; and Washington University athletics and recreational programs.

Dr. White is active nationally in several higher education organizations and has served on the Board of Directors for the Association for Sustainability in Higher Education (AASHE) and for the National Association of Student Personnel Administrators (NASPA) Foundation. In 2009 she was named a Pillar of the Profession by NASPA. Dr. White was elected chair of the NASPA Board of Directors for 2016-2017.

Dr. White’s areas of emphasis in research and teaching include the student experience in higher education and the preparation and mentorship of new, mid-level and aspiring senior student affairs professionals. She is the author of a number of articles and book chapters and has presented widely at professional meetings.

Dr. White was born and raised in San Francisco, CA. She earned an undergraduate degree in psychology and English from the University of California, Berkeley and a Ph.D. from Stanford University in education administration and policy analysis with emphasis in higher education. She also participated in Harvard University’s Management and Leadership in Education Program.

Her claim to fame is that she can name the mascot of just about every Division I college (and she is working on learning all of the mascots for Division III).
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<tr>
<th>Time</th>
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<td>8:00 - 8:30 AM</td>
<td>Registration &amp; Refreshments</td>
<td>(Montezuma Hall)</td>
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<tr>
<td>8:30 - 9:50 AM</td>
<td>Welcome &amp; Keynote Address</td>
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<td>10:00 - 10:50 AM</td>
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<td>Noon - 12:55 PM</td>
<td>Lunch (Pick up in Montezuma Hall)</td>
<td>Engineering students will have lunch in Council Chambers with Northrop Grumman executives</td>
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<tr>
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<td>Closing Remarks</td>
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**SAVE THE DATE**

Next year’s Leadership Summit will be held on Saturday, February 16, 2019.
Special Thanks
9TH ANNUAL LEADERSHIP SUMMIT

THANK YOU TO OUR CORPORATE SPONSORS

**Northrop Grumman** is a leading global security company providing innovative systems, products and solutions to government and commercial customers worldwide, offering an extraordinary portfolio of capabilities and technologies for applications from undersea to outer space and into cyberspace. With more than 60,000 employees in all 50 states and in more than 25 countries, they strive to attract and retain the best employees by providing an inclusive work environment wherein employees are receptive to diverse ideas, perspectives and talents to help solve their toughest customer challenges. Northrop Grumman is a sponsor of the SDSU Leadership Summit which allows students to increase their leadership skills and make a strong connection to the engineering career field. They place an emphasis on student success and see the value in professional development. We thank Northrop Grumman for their continued support of campus student engagement efforts.

**Pepsi** is an innovative company with a vision that includes leaving a positive imprint on society and the environment. Pepsi has been an essential supporter of student engagement programs offered at San Diego State University. Their sponsorship helps increase involvement on campus, ultimately allowing students to participate in meaningful and impactful programs. Pepsi’s firm commitment to student success and to student engagement on campus is important to recognize as they have been a vital component of transformational student experiences. These experiences ultimately lead to increased satisfaction and success. We thank Pepsi for their continued support of campus student engagement efforts.
SESSION 1  10:00-10:50AM

MILLENNIAL TO CORPORATE PROFESSIONAL  (Theatre)
  » Antonio Parrales, Owner, Parrales Consulting, LLC

Are you helping or hurting the reputation of millennials? Working with different generations can be difficult. Come discuss how formative years have impacted personality, values, needs and desires. Learn about perceptions of each generation, and how to stay aware of personal biases as they may impact our professional relationships. By changing your own perspectives, you can succeed in a multi-generational workforce.

FIT, GRIT & PERSONALITY  (Templo Mayor)
  » Brianne Wada, Career Services, SDSU
  » Dr. James Tarbox, Career Services, SDSU

Being able to sustain your passions while persevering over an extended period of time is what separates success from failure throughout a career. Employers look for people who know how to come back from setbacks and use their talents, strengths and interests to propel them towards success. Learn how you can distinguish yourself from the competition and show hiring managers you have what it takes to succeed!

SUSTAINING HAPPINESS THROUGH FAILURE, CHANGE, AND SUCCESS  (Council Chambers)
  » Cecilia Morales, Educational Opportunity Program/Ethnic Affairs, SDSU
  » Dr. Lisa Gates, College of Education, SDSU

You have the power to determine half of your overall sense of happiness. This active session will cultivate your leadership agility by considering emotional contagion and how to assess your own and others’ happiness. This session will address managing expectations, seeking work-life balance, and leaning into compassion for deeper social connections.

BOUNCING BACK: THE PEAKS AND VALLEYS OF RESILIENCY  (Park Boulevard)
  » Cody Barbo, Founder and CEO, Trust & Will

Cody Barbo started three companies and failed twice so far. Come learn about his best successes and worst failures. After sharing his experience as an Aztec and entrepreneur, he will discuss strategies on reframing the concept of failure - it can be less scary than you think! Leave inspired to begin tackling that dream idea that always seemed far out of reach.
LEADERSHIP AND FAILING AS AN IMPOSTER (OR NOT?)
(Pride Suite)
» Dr. Koko Nishi, Counseling and Psychological Services, SDSU
» Kathy Nguyen, Counseling and Psychological Services, SDSU
The feelings of failure and struggle are real and a big part of growing as a person. However, what does it mean to fail and how does that affect our vision of ourselves as leaders? Student leaders are expected to excel and juggle multiple responsibilities at once at the expense of their wellbeing and self-care. Come examine leadership, failure, and self-care within the context of the imposter syndrome and its effects on all students, particularly those with marginalized identities.

AM I “WOKE” ENOUGH TO BE A LEADER? (Legacy Suite)
» Jessica Chang, Center for Intercultural Relations, SDSU
In the political climate we are in, we seem more divided than ever. It is us versus them. Come to this session to hit the reset button and take the opportunity to reflect on your underlying biases. Learn about yourself, someone else, and practice inclusive leadership in a welcoming space.

CHAOS & CONTENTION: HOW TO EMBRACE AND GROW FROM FAILURE (Visionary Suite)
» Marina Mantos, Greek Life, University of California, Irvine
Chaos and contention are two things that we see everyday. During this session you will participate in a high energy activity that will challenge you to embrace whatever comes. We'll then discuss what strategies we can implement to adapt to the chaos and make the most of previous missteps.

SEE THE GOOD (Aztlan)
» Alex Montoya, Owner, A-MOtivational Communications
Learn about the “See the Good” method. Reshape your thoughts on adversity and discover how to See the Good instead. You will learn how to deal with a crisis or social injustice and BE the Good in order to enact social change. When experiencing conflict, the See the Good method can help in fostering more positive and productive leaders.
Session Information

9TH ANNUAL LEADERSHIP SUMMIT

SESSION 1 CONTINUED 10:00-10:50AM

KNOW YOUR VALUES BEFORE YOU NEED THEM (Metztli)
  » Asha Nettles, Associated Students, California State University, Fullerton
Values are the underlying principles that guide our actions. This session will help you identify your individual values, discover how you prioritize your values, and acknowledge the influence your values have on your decisions. Knowing your values before you need them can prevent failure and encourage success.

WHEN ACCOUNTABILITY FEELS LIKE FAILURE (Student Life & Leadership, Commuter Resource Center)
  » Caryl Montero-Adams, Student Life & Leadership, SDSU
When we hold ourselves and organizations accountable, it can sometimes feel as though we have failed. Moving forward from challenges surrounding misconduct can lead to individual and collective success. This presentation will discuss accountability in and of organizations, the feeling of failure, and the opportunities responsibility presents to leaders.

EMOTIONAL INTELLIGENCE: THE GATEWAY TO LEADERSHIP (Student Life & Leadership, Jeffrey W. Glazer Center for Leadership & Service)
  » Dr. Renzo Lara, Student Life & Leadership, SDSU
Emotional Intelligence (EQ) has been linked to multiple measures of success. In our dynamic global society it is imperative for leaders to be able to manage various emotions, while inspiring others to create positive change. After taking an Emotional Intelligence assessment, you will put your EQ to the test. Come learn how to utilize Emotional Intelligence as a catalyst for leadership and change!

GROWTH AND FORWARD MOVEMENT THROUGH MAKING SENSE OF ORGANIZATIONS AND CHANGE (Student Life & Leadership, Seminar Room)
  » Amara Tang, Student Life & Leadership, SDSU
Calling all student leaders! Do you want to learn how to motivate your peers? During stressful times, how do you prevent failure and promote team success? It starts with understanding organizations and change. This session will develop your emotional and cognitive thinking through practicing multiple frames of organizational theory.
PERSONAL BRANDING 101  *(Theatre)*  
» Christine Probett, Fowler College of Business, SDSU

Enhance your personal brand so others know you are a professional and polished leader! Learn the basics of how to develop and improve the intangible aspects (first impressions, etiquette, networking, etc.) as well as the tangible aspects (resumes, business cards, social media management, etc.). Perfecting YOUR personal brand will help you succeed in college and beyond!

ISSA VIBE: THE 2 CHAINS OF LIFE, FAILURES LEADING TO THE SUCCESS OF PHENOMENAL LEADERS  *(Templo Mayor)*  
» Ashley Joseph, Associated Students, California State University, Los Angeles  
» Whitney Moore White, Workforce Development in Aging and Community Services, County of Los Angeles

Failure is the ultimate stepping stone to success. Come listen to first hand experiences from former student leaders (now professionals) on how they turned failures into successes throughout college and now in their professional career. Discuss strategies to enhance your current leadership experience and develop coping mechanisms for times of defeat. Life is about learning to wear these two chains: failure and success.

KEYNOTE FIRESIDE CHAT  *(Park Boulevard)*  
» Dr. Lori White, Vice Chancellor for Students at Washington University in St. Louis

This session will be an information “fireside chat” meeting for participants with Keynote Speaker Dr. Lori White. Students will have the chance to share ideas and views on leadership in a casual setting.

THE COMEBACK FORMULA: FIVE RESILIENCE SKILLS THAT TRANSFORM DISASTER INTO OPPORTUNITY  *(Pride Suite)*  
» Sandra Younger, ComeBACK Solutions Intl.

Presenter Sandra Younger combines lessons learned from her personal experience as a wildfire survivor with positive psychology research in this engaging, interactive exploration of five powerful, commonsense principles proven to build personal resilience. You will take away a toolkit of practices to transform crisis into possibility and disaster into opportunity.
SESSION 2 CONTINUED  11:00-11:50AM

IT’S ALL ABOUT YOUR ATTITUDE  (Legacy Suite)  
  »  Brianna Hogan, Student Life & Leadership, SDSU

“People may hear your words, but they feel your attitude” - John C. Maxwell. You have the ability to make every moment a great one. This workshop will discuss the importance of exuding optimism as a leader, leading with passion, and provide you with the tools to reframe negative failures into positive successes.

WE’RE STUCK, NOW WHAT?  (Visionary Suite)  
  »  Marina Mantos, Greek Life, University of California, Irvine

What do you do when you or your campus organization is stuck in a rut? Doing things the same way is not always the best way. Come to this workshop and participate in different activities that will help you rethink what you want to do next and come up with a plan to accomplish new things!

SELF CARE: MAKING TIME FOR YOU!  (Aztlan)  
  »  Anwar Cruter, Residential Education Office, SDSU  
  »  Christa DiMeglio, Residential Education Office, SDSU

Do you practice self care? Do you know how to put yourself first without feeling selfish? This presentation will examine why we all need to actively practice self care before we can support others. After attending this workshop, you will leave with an individualized self care plan.

BE THE CHANGE  (Metztli)  
  »  Randi McKenzie, Emeritus Assistant Dean for Student Affairs, SDSU  
  »  Samantha Greeney-Hamlin, Well-Being and Health Promotions, SDSU  
  »  Tyler Rolling, Well-Being and Health Promotion, SDSU

“Two roads diverged in a yellow wood and...I took the one less traveled by, and that has made all the difference” - Frost

Each of us has had the chance to influence the lives of those around us. Have we been passive observers? Have we acted? Have we instigated? How can we better support those unable to act on their own behalf? Through the vehicle of audience participation and lecture, explore bystander intervention techniques and become a better ally.
SESSION 2 CONTINUED  11:00-11:50AM

SALARY NEGOTIATION: IT MATTERS TO FIRST GENERATION WOMEN  (Student Life & Leadership, Commuter Resource Center)
» Rosa Elena Moreno, Career Services, SDSU
» Diana Hernandez, Career Services, SDSU

I didn’t review my salary. Can I renegotiate my salary after I start my job? Accepting a job offer and salary is based on failure, practice, and recalibrating. First generation women may not know how to negotiate salaries. This session establishes benchmarks to ensure women’s success.

TURN FAILURE INTO AN ASSET  (Student Life & Leadership, Jeffrey W. Glazer Center for Leadership & Service)
» Jessi Moore, Student Life & Leadership, SDSU

This session will focus on identifying and understanding the concept of failure and turning those experiences into assets. After hearing personal stories about reframing failures into successes, you will create a failure resume and discuss how failure can be leveraged in job interviews to show growth and experience.

REAUTHORING FAILURE: UTILIZING CONCEPTS OF NARRATIVE THERAPY TO LEARN FROM FAILURE  (Student Life & Leadership, Seminar Room)
» Tyler Vuillemot, Student Life & Leadership, SDSU
» Justin Villasenor, Student Life & Leadership, SDSU

Looking at your experiences from alternative perspectives can provide opportunities to learn from your failures, ultimately making meaning of them. Using concepts derived from narrative therapy, you will be invited to share your stories of failure, and then reclaim and reshape them into your journey towards success.
LUNCH  
NOON -12:55PM

Pick up your lunch in Montezuma Hall.

Engineering students please go to Council Chambers for lunch with Northrop Grumman executives.

SESSION 3  1:00-1:50PM

THE DREADED DRAMA TRIANGLE  
(Theatre)
  » Dr. Randy Timm, Dean of Students, SDSU

Leadership can feel like drama. Managing the concerns of different stakeholders can be challenging. Did you know there is a model of changing drama to an empowerment dynamic? Come learn the components of the dreaded drama triangle and the corresponding empowerment dynamic. Reframing drama can prevent failure and lead your organization to success and productivity. Be prepared to discuss your drama and how you can empower your team to move forward.

YOU ARE ASSOCIATED STUDENTS  
(Templo Mayor)
  » Chimezie Ebiriekwe, A.S. President, SDSU
  » Hayden Willis, A.S. Vice President of Financial Affairs, SDSU
  » Chris Thomas, A.S. Vice President of University Affairs, SDSU
  » Kimberly Alli, A.S. Chief Justice, SDSU

Hear from SDSU’s current Associated Students (A.S.) leaders as they share the failures and successes that led them to their leadership roles. Getting involved with student government empowers students to make the most of their college experience. Come away with the understanding that YOU are A.S. and there is opportunity waiting for you!

NETWORKING WITH NORTHROP GRUMMAN EXECUTIVES  
(Council Chambers)

Are you an engineering student? Network with top Northrop Grumman executives to learn about career opportunities and why they place an emphasis on leadership. At Northrop Grumman, innovation isn’t just an idea — it’s a way of life.
SESSION 3 CONTINUED  1:00-1:50PM

THE PURSUIT OF MEANING THROUGH STORYTELLING  (Park Boulevard)
» Kelly Liang, Residential Education Office, SDSU
How do we live a meaningful life? As leaders, what is the best way to share our story? Storytelling provides a platform to reflect upon and create our personal history of failures and successes. This session will discuss the power of storytelling and how we can shape narratives to lead with more meaning.

THE POWER OF LANGUAGE: HOW WORDS INFORM OUR IDEAS OF FAILURE AND SUCCESS  (Pride Suite)
» Erika Meza, Counseling & School Psychology, SDSU
Have you ever reached a desired goal despite the journey not being what you had planned for? Although we often receive messages from society that tell us success is linear, this is seldom the case. Engage in a conversation about how reframing your view of success and failure can empower you as a leader.

BUILDING TRUST TO CREATE ORGANIZATIONAL SUCCESS  (Legacy Suite)
» Bailey Archambeault, student at California State University San Marcos
Group dynamics can be tricky. Each individual member often has their own vision. When groups come together, these visions can compete, often leading to group failure. The key to a successful group is ensuring trust between group members. Come to this session to learn seven easy steps to help build trust.

DIVERSITY LEADS TO SUCCESS: AFRICAN REFUGEE STUDENTS IN HIGHER EDUCATION  (Visionary Suite)
» Mohamed Ahmed, Student Affairs, SDSU
This session will help deepen your understanding of the cultural diversity and traditions of African Refugee students. Get an inside look at how these students build resiliency after experiencing failed governments, war, famine, and more. Listen to personal examples of SDSU students from Somalia, Eritrea, Sudan and Nigeria. You will leave with tips for how to best engage and support African Refugee students in a multicultural and culturally competent way.
SESSION 3 CONTINUED  1:00-1:50PM

AUTHENTICITY IS KEY  (Aztlan)
   » Bree Kalima, Student Life & Leadership, SDSU

Growth, empowerment, purpose, and passion are just some words associated with authentic leaders. This session will help you identify strategies and examine the benefits of leading authentically. After assessing where you are on your own journey towards authenticity, you will leave with tips on how to lead successfully.

LEMONS TO LEMONADE—TRIPLE LOOP LEARNING IN BUDDHISM  (Metztli)
   » Dr. Sandra Wawrytko, Center for Asian & Pacific Studies, and Philosophy, SDSU

A Vedic practitioner in sixth century B.C.E. India failed miserably in his quest to transcend mere physical existence and attain atman. That failure led him to suspend his past assumptions, redirect his efforts, and finally let go of a dysfunctional Consensus reality. By completing this Triple Loop transformation he weakened as the Buddha. Learning from these past failures can help guide us towards our own successful futures.

RESILIENCE  (Student Life & Leadership, Commuter Resource Center)
   » Leo Carrillo III, SDSU Alumni

While in college, there are many unexpected road bumps and challenges that may seem like never ending obstacles in the moment. There is always a way out to persevere and grow. Come hear from a recent SDSU graduate and learn how using three simple strategies can change your thought process when it comes to failure. Let’s turn those challenges into opportunities, ultimately leading to resiliency.

LEVEL-UP OR GAMEOVER?  (Student Life & Leadership, Jeffrey W. Glazer Center for Leadership & Service)
   » Kevin Garrie, Postsecondary Educational Leadership, SDSU

The protagonist cannot succeed in the final level without taking a courageous first step of their journey. Timing is key and not all success comes immediately. Similar to video-game plots, the protagonist must go through multiple trials, learn new skills, meet new allies, and ultimately prepare to become the triumphant winner. After attending this workshop, you will have an action plan to reach your “final level.”
SESSION 3 CONTINUED  1:00-1:50PM

HOW CULTURAL WEALTH CAN LEAD TO SUCCESS  (Student Life & Leadership, Seminar Room)
» Melissa Gonzalez, Student Life & Leadership, SDSU

Many of us do not recognize the forms of capital that we bring from our own culture. Sometimes we are even told that these experiences or identities make us failures. Join this session to learn about the cultural wealth you possess and how to apply it as a strength towards your success in the future.

SESSION 4   2:00-2:50PM

THE MAMBA MENTALITY: CULTIVATING EMOTIONAL INTELLIGENCE AND RESILIENCE  (Theatre)
» Dr. Paul Minifee, Department of Rhetoric and Writing Studies, SDSU

Do you have a Mamba Mentality? Are you an optimistic, honest, detached, fearless, and passionate leader? Come learn how the five characteristics of the Mamba Mentality reflect and help us understand what it takes to develop your emotional intelligence, particularly after experiencing failure or a major setback.

LIVING A FEMINIST LIFE: PUTTING THEORY TO PRACTICE  (Templo Mayor)
» Jessica Nare, Women’s Resource Center, SDSU
» Elzbeth Islas, Women’s Resource Center, SDSU
» Liz Nelson-Cahill, Women’s Resource Center, SDSU

Are you ready to use your leadership skills to address important social justice issues? This workshop will help you to explore your feminist lens and apply feminist practices to the real world. This session will provide a platform to discuss cutting edge writing on how our lives can be infused with, and transformed by, feminism.
SESSION 4 CONTINUED 2:00-2:50PM

CHANGING FEAR INTO SUCCESS: EFFECTIVE PUBLIC SPEAKING  (Council Chambers)
» Angel Salazar, Financial Aid Specialist/Outreach Coordinator, Southwestern Community College
» Ted Parsons, Distinguished Toastmaster
» David Naranjo, Advanced Toastmaster

Are you afraid of public speaking? This session will introduce you to important basic concepts of public speaking and will give you tools you can use and practice on your journey to becoming a more compelling and confident communicator. Please note that this is an experiential presentation which will include interactive partner exercises for speaking skills.

COURAGEOUS FOLLOWERSHIP: THE REAL KEY TO ACHIEVING ORGANIZATIONAL SUCCESS  (Park Boulevard)
» Doug Case, Retired Student Affairs Professional, SDSU

Most people, whatever their title, spend more time working as followers than as leaders. This session will provide strategies for developing the critical “followership” skills needed to better support and challenge the overall group. Learn how to succeed as a follower while promoting your organization’s mission and maintaining your organization’s values.

EVEN THE BIGGEST FAILURE BEATS NEVER TRYING  (Pride Suite)
» Vanessa Jara, Student Life & Leadership, SDSU

We try desperately to limit our failure by doing what is sensible. Failure is an inevitable and necessary part of the learning process, but it is often the part that we fear the most. If you don’t take risks, then you won’t fail. Learn how to open yourself up to the possibility of failing.

WRITINGS ON THE WALL: EXPLORING LEADERSHIP THROUGH MUSIC  (Legacy Suite)
» Asha’ Jones, Student Ability Success Center, SDSU

With a growing need for flexible leaders and versatile teams, this workshop will assist you with identifying your personal leadership style through music and incorporate your style into your leadership role. Learn how to lead your team towards success by exploring leadership through music.
SESSION 4 CONTINUED  2:00-2:50PM

INSIDE OUT: INCORPORATING EMOTION INTO YOUR LEADERSHIP  (Visionary Suite)
  » Matthew Garcia, Student Life & Leadership, SDSU

Are you an emotional leader? Do you lead with joy or fear? Using Pixar’s motion picture “Inside Out,” this workshop will examine the importance of balancing emotions in your everyday life, specifically within your own leadership.

SELF-AUTHORSHIP: YOUR NEVER ENDING STORY  (Aztlan)
  » Andrea Parashos, Student Life & Leadership, SDSU

Discover the importance of knowing yourself and developing your leadership skills. After this session, you will gain a clear understanding of what self-authorship is and the role it plays in facilitating personal growth, cultivating positive skepticism, and developing critical thinking skills.

CHOOSING WHICH WARS TO FIGHT: THE ART OF SELECTING A GOAL  (Metztli)
  » Gerardo Israel Padilla Villarreal, student at CETYS University, Mexico
  » Gabriel Ivan Torres Ibarra, student at CETYS University, Mexico

The first and most difficult concern of a leader is which objectives are worthy to pursue. If your team is not goal oriented, you can fail at accomplishing your tasks. You will leave this session with practical tips on how to decide which activity is the one that awakens more passion, and how to effectively transform it into a goal.

THE POWER OF NO  (Student Life & Leadership, Commuter Resource Center)
  » Mariel McKinney, student at SDSU

As leaders, we all know how easy it is to say “yes” when it comes to taking on new roles or projects. You start your college career wondering if you will find your niche and overnight you become overinvolved. Hear from a current student leader who has experienced this, and learn about the power she found in using the word “no.”
SESSION 4 CONTINUED  2:00-2:50PM

TAKING THE LEAD: BREAKING BOUNDARIES & OVERCOMING FEAR  (Student Life & Leadership, Jeffrey W. Glazer Center for Leadership & Service)
» Erik Weber, Attorney and Speaker

Doctors said he would not be mentally older than eighteen months due to his Autism, and that he should be placed in an institution. That institution turned out to be college. Come hear the amazing story of Erik Weber, a San Diegan who truly believes that adversity makes a person stronger. This session dives into one of the greatest hindrances of growth and progress; to become a more effective leader, the desire to break boundaries must outweigh the fear of failure.

UNDERSTANDING SHAME & BLAME: HOW VULNERABILITY AND EMPATHY ENCOURAGE US TO GROW FROM FAILURE  (Student Life & Leadership, Seminar Room)
» Tierney Harrison, Student Life & Leadership, SDSU

Failure often triggers painful and toxic emotions. Mistakes and missteps can and should be part of learning, so why do we treat them as weaknesses? In this session, we will explore how eliminating shame and stopping blame provides the courage and understanding to grow deeper into our authentic selves.

The SDSU Leadership Summit is a part of the Division of Student Affairs’ mission to develop leaders who possess a comprehensive understanding of the challenges we face in the 21st century. Participants who attend the SDSU Leadership Summit will have the opportunity to acquire the following competencies:

» **Heightened knowledge of self**
» **Discovering personal motivations to lead**
» **Increased capacity for change/ambiguity and self-reflection**
» **Clarified sense of leadership aspirations**
» **Awareness of adversity as force for positive change**
Thank You for attending
San Diego State University's 2018 Leadership Summit

Special acknowledgements to those who made this conference possible!

Co-Directors:
Robyn L. Adams, Ph.D., Student Life & Leadership
Randy Timm, Ed.D., Dean of Students

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