

# **Drug Free Schools and Communities Act**

# **Biennial Review**

Prepared for the 2015/2016 review requirement

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# **AOD Prevention at SDSU**

Alcohol and Other Drug (AOD) use and abuse pose a potential risk to the health, safety and educational/occupational experience of our students, faculty and staff. Further, the negative impact of student AOD abuse is often felt in the broader community through noise, vandalism, vehicle crashes, and use of community resources such as police and paramedics. Therefore, we seek through our AOD programs to reduce and prevent problems associated with alcohol and other drug use by students of SDSU. The majority of the report to follow will focus on student AOD prevention.

# **Description of AOD Program Elements**

SDSU has followed a comprehensive model for AOD prevention/intervention designed to enhance each program operating on campus to synergistically fit with other programs, maximizing the effectiveness of all related efforts. However, we have also allowed individual departments to offer unique and tailored programs for various student populations and needs.

Our comprehensive AOD strategy includes elements from interacting domains (see Figure 1). The idea of the model is to put into place a system whereby: (1) student attitudes and motivations to use or abuse AODs are changed; (2) provide opportunities for students to act responsibly while fulfilling developmental and social needs; and (3) access to AODs is reduced to limit excessive consumption. These domains act both within the campus and at the broader community level and thus often



Figure 1

require community action and involvement. Finally, all programmatic activity should be developed within a research-based evidence framework, and when possible, evaluated within an environment of rigorous scientific methods that enable measurement of improvements in individual and public health outcomes, cost-efficiencies, program sustainability, and continuous program improvement.

# **Campus AOD Strategic Task Force Initiated Pilot Programs**

During the calendar years 2015 and 2016, SDSU convened a committee on AOD issues: the AOD Strategic Task Force. This committee included representatives from many departments of Student Affairs, as well as representatives from the campus Police

Department, Faculty, and Associated Students. This committee was re-constructed in Spring 2013 as part of the larger SDSU strategic plan and emphasized SDSU's commitment to AOD prevention and support. For most of this period (2015 & 2016), the task force was co-chaired by the Director of Health Promotion and Residential Education. Its primary charge was to review existing AOD prevention programs, propose enhancements and/or additional programs, and assist with their pilot implementations.

During the reporting period, four new or enhanced programs were proposed and piloted:

- (1) Screening and Brief Intervention, Referral for Treatment (SBIRT);
- (2) Aztecs For Recovery (RFT) training and student organization;
- (3) Live Well Late Night alternative programs;
- (4) Expansion of the FratMANers and SISSTER programs and peer health education offerings.

Because each of these proposed and piloted programs were new for the campus or substantially changed, each was evaluated separately. A report on each of these programs is included within the Appendix.

• Screening and Brief Intervention, Referral for Treatment (SBIRT)

SBIRT was a program targeting students who may experience alcohol-related harms, but are not captured in other campus AOD intervention programs. SBIRT was intended to identify high-risk students in the campus health center setting and is an evidence-based approach to risk reduction.

The pilot program was launched by Counseling & Psychological Services, Health Promotion, and Student Health Services in Fall 2014 and continued though Spring 2015. A total of 264 students were reached through the program and 75 students were referred to Counseling and Psychological Services for treatment. This program was active during the 2014-15 academic year. See Appendix A for further details.

• Aztecs For Recovery (RFT) training and student organization

Aztecs for Recovery was a cluster of recovery-related initiatives that strived to create an empowering community where students in recovery and allies could receive social and emotional support, thrive academically, and reduce recovery-related stigma. Goals for the program included 1) Creating and solidifying a student organization with consistent meeting times and consistent involvement in campus outreach, community service, and sober social activities 2) Reducing stigma, providing education, and raising awareness by providing faculty and student-led trainings directed at potential allies 3) Creating a well-attended and ongoing inclusive therapeutic support group for any student struggling with recovery and/or addiction. The ultimate goal was to provide a space on campus where students feel safe, welcomed, and empowered to take ownership over their recovery and academic success.

The program reached 2,350 people through tabling efforts, 140 SDSU community members through ally trainings, 12 students as official members of the student organization, and 16 recovery support groups were held. This program was active during the 2014-15 academic year. See Appendix B for further details.

• Live Well Late Night Alternative Programs

SDSU's AOD Task Force piloted a "Live Well Late Night" series 2016. In partnership with the Live Well Aztecs committee, these social programs were hosted in the late evenings to promote health and wellness topics including alcohol and other drug education. This series targeted second year students who do not generally attend Aztec Nights events and are often not of legal drinking age. During both programs, educational tables were set up with activities and information regarding alcohol and wellness topics. 428 students participated in the two Live Well Late Night programs implemented in 2016. This program is ongoing. See Appendix C for further details.

• Expansion of the FratMANers and SISSTER programs and peer health education offerings

SDSU aimed to increased AOD education programs within Fraternity & Sorority Life by doubling the number of trained Active members enrolled in FratMANers (Fraternity Men Against Negative Environments and Rape Situations) from 25 to 50 and SISSTER (Sororities Invested in Survivor Support, Training, and Ending Rape culture) from 15 to 30. Expansion efforts included the creation of two new sections of FratMANers and SISSTER respectively for Fall 2016, enrollment of the maximum number of students in all sections, and expanding the AOD education offered by trained Active members to include membership from Panhellenic, NPHC and USFC organizations and non-Greek residential students.

Two sections of FM and two sections of SISSTER were created for Fall 2016 & Spring 2017. During the 2016-17 academic year, 73 students were enrolled in FratMANers and 58 students were enrolled in SISSTER, a 192.0% and 286.7% increase respectively when compared to the 2015-16 academic year (25 and 15). 1603 students attended presentations focusing on AOD prevention and decreased risk in party environments. All expansion efforts will be sustained in 2017-18. See page 8 for further details about the FratMANers & SISSTER programs and Appendix D for further details about the expansion efforts.

# **Existing and Ongoing Programs**

# **Individual Focus Example Programs**

The following are examples of SDSU programs currently being offered that have a focus on individual student's knowledge, attitudes and motivations to abuse AODs.

• <u>A</u>lcohol and other <u>S</u>ubstance abuse <u>P</u>revention <u>I</u>ntervention <u>R</u>e-directive <u>E</u>ffort (ASPIRE)

ASPIRE is a brief, individualized alcohol and other drug program. Students are referred for AOD policy violations on and around campus and most are mandated by Student Rights & Responsibilities or the Residential Education Office. A fee is assessed for those mandated to participate in ASPIRE. The program consists of individual sessions with a therapist and involves an assessment of overall functioning at the university, such as AOD use, academic performance, and mental health.

During the calendar years 2015 and 2016, 497 and 447 students (respectively) enrolled in the program.

# Alcohol eCHECKUP TO GO

The Alcohol eCHECKUP TO GO is an interactive web program that allows college students to enter information about their drinking patterns and receive feedback about their use of alcohol. It was developed at SDSU and is now licensed by over 600 colleges across the nation. Counseling and Psychological Services (C&PS) uses the eCHECKUP TO GO, an assessment that takes about 30 minutes to complete, is self-guided, and requires no face-to-face contact time with a counselor or administrator. The existing scientific literature on Alcohol eCHECKUP TO GO was reviewed by the NIAAA, and determined it to be an effective and cost effective alcohol intervention.

Beginning in the fall 2008 semester, a University policy required the Alcohol eCHECKUP TO GO to be completed by all incoming freshmen and transfer students prior to registering for their next semester classes. This policy has continued through the 2016 reporting period.

# Marijuana eCHECKUP TO GO

This marijuana-specific brief assessment and feedback tool is designed to reduce marijuana use among college students. It was modeled after—and created by the same team at SDSU that designed—the Alcohol eCHECKUP TO GO. Drawing on intervention modes using the correction of social norms misperception (Hanes & Spear, 1996) and Motivational Interviewing (Miller & Rollnick, 2002) theories, the Marijuana eCHECKUP TO GO is designed to motivate students to reduce their level of marijuana use by using personalized information about their own behavior and risk factors. The feedback, whether used in conjunction with a counseling intervention, or as a stand-alone prevention education tool, includes information which—in applications like the Alcohol eCHECKUP TO GO—has been shown to be particularly motivating to college students.

The Marijuana eCHECKUP TO GO is one of the tools utilized by Counseling and Psychological Services within the ASPIRE program to intervene in students' behavioral

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<sup>&</sup>lt;sup>1</sup> National Institute on Alcohol Abuse and Alcoholism, "Planning Alcohol Interventions Using NIAAA's CollegeAIM Alcohol Intervention Matrix," September 2015, collegedrinkingprevention.gov.

choice considerations. The Marijuana eCHECKUP TO GO may also be used by campus health professionals and Counseling and Psychological Services personnel as a part of their clinical assessment and interventions, and as a population level prevention education tool for campus health promotions professionals, housing and residential life staff, and first year freshman experience faculty. At this time, there is no requirement that the general student body take the Marijuana eCHECKUP TO GO.

# Aztec Choices

Modeled after the successful ASPIRE program, this individual alcohol and other drug prevention counseling program is offered to student athletes. There is no fee for enrollment in Aztec Choices. 73 student-athletes were seen in the program during 2015 & 2016. A brief evaluation of this program was conducted, analyses from that evaluation is included in Appendix E.

### Mental Health First Aid

This training program for faculty, staff and students is designed to provide participants with skills necessary to respond to psychiatric emergencies until they can obtain additional assistance and to enhance participant's understanding of mental health. This training contains an AOD module for addressing substance abuse. This module is designed to increase the likelihood that members of the SDSU community will effectively assist those within our community with AOD related problems.

2015 attendees: 812016 attendees: 70

# • Health Promotion Department AOD Programs, Presentations, and Outreach Events

The Health Promotion Department offers students educational presentations that are structured around elements of evidence-based interventions such as BASICS (Brief Alcohol Screening and Intervention for College Students) and ASTP (Alcohol Skills Training Program). Within these presentations, alcohol-skills are presented in a manner designed to reduce audience resistance to behavioral changes. Topics within these presentations include: the BAC biphasic effects curve, standard drink sizes, risk reduction strategies, and intervention strategies for helping someone who exhibits signs of alcohol-poisoning or drug overdose. These presentations were conducted by Health Educators, the Director of Health Promotion or the AOD Coordinator. In 2015, there were 29 such presentations made to an audience count of 2,461. In 2016, there was a substantial increase to 53 presentations to 3,626 audience members.

 Health Promotion Campus-wide outreach events that included AOD elements were as follows:

# January 2015 -- December 2015

- Safe Spring Break
- o Have a RADD Graduation Celebration
- o Live Well Day
- o National Collegiate Alcohol Awareness Week
- o Great American Smokeout
- o RADD informational tabling occurred frequently throughout the year

# January 2016 -- December 2016

- Safe Spring Break
- o Have a RADD Graduation Celebration
- o Live Well Day
- o National Collegiate Alcohol Awareness Week
- o Great American Smokeout
- o Live Well Late Night RADD tabling at the 3 on 3 basketball Tournament
- o Live Well Late Night RADD tabling at the Fitness Jam
- FratMANers (Fraternity Men Against Negative Environments and Rape Situations) and SISSTER (Sororities Invested in Survivor Support, Training and Ending Rape culture)

In 2015, the Health Promotion Department established the SISSTER (Sororities Invested in Survivor Support, Training, and Ending Rape culture) program for sorority women. This peer health education program was based on the same model as FratMANers (Fraternity Men Against Negative Environments and Rape Situations), a program created over a decade before for fraternity men. These programs incorporate the role of alcohol and other drugs into discussing the awareness of rape, potential rape situations and sexually coercive behavior. Once trained, these FratMANers and SISSTER peers provide presentations and other outreach events to students and organizations interested in increasing awareness around the topic of sexual violence and how Greek letter organizations can help affect the late-night social environment towards a safer posture, including how alcohol can be better managed at social events. Beginning in the Fall of 2016, these programs were intentionally expanded to increase size and impact (see page 5 for more details). A report on the progress of those expansion efforts is included in Appendix D.

# Residential Education

Workshop trainings are routinely provided to resident advisors, community assistants, academic mentors, and other residence hall staff by psychologists, health educators, and hall coordinators. Topics range from "Motivational Interviewing and Alcohol Programming" to "Bystander Intervention Training" to "Drug Basics".

Residential Education staff, including RAs (Resident Advisors), CAs (Community Advisors) and Hall Coordinators, regularly offer educational events to their resident students that cover health related topics such as AOD issues. Each residence hall is required to program around the topic of alcohol and other drugs within the first two weeks of the academic year. In 2015, there were 55 such events with a total attendance of 1,600 students. In 2016, there were 50 events reaching 1,612 students.

# • Fraternity and Sorority Life

Potential members of Fraternity & Sorority Life are required to participate in an Alcohol and Other Drug online module as part of the Pre-Recruitment Education Program. Each year, over 1,500 students participate in this program. Trainings on alcohol and other drug policies, risk management and crisis management are implemented annually during a two-day retreat with the leadership of each of the 44 chapters and four councils. Additionally, Fraternity & Sorority Life has implemented wellness workshops facilitated by Health Promotion, which were highlighted in the Health Promotion section of the report.

• New Student Orientation: "Success at SDSU" and "Preparing a SDSU Citizen" -- Freshmen, Transfers, & Parents

In collaboration with New Student & Parent Programs, Center for Student Rights & Responsibilities, Health Promotion, Counseling & Psychological Services, San Diego State University Police and Student Life & Leadership, "Success at SDSU" is a presentation facilitated for incoming freshman and transfer students. The presentation features information on Living Well at SDSU, including alcohol and other drugs and policies. Additionally, family members that participate in New Student Orientation experience "Preparing a SDSU Citizen." This presentation features information on alcohol and other drugs, student decision-making, how to engage students in conversation and policies at the University.

The Office of New Student & Parent Programs hosts approximately 20 orientations for freshman and transfer students every year. Parent and family orientations are provided as well. Approximately 8,000 incoming students and 6,000 family members attend annually. High approval ratings demonstrate SDSU's efforts in effectively familiarizing, educating and engaging new students, along with their family members, of campus life, policies and procedures, and overall expectations of incoming students.

# • Parent Resource Guide to Alcohol & Other Drugs

Support of parents and other family members is beneficial to the success of the student life college experience. Building on the influence parents have in the decisions their students will make when first arriving on campus, various departments within Student Affairs collaborated to create the "How to Talk to Your College Student About Alcohol and Other Drugs" booklet. Parents receive the booklet in their parent orientation packets. This guide provides tips on important issues such as why, when, what and how to start a conversation about alcohol and other drugs. The guide also offers supplemental

information related to prescription drugs, fraternity and sorority life, and on-campus housing policies. This valuable resource contains the appropriate tools necessary to assist parents with initiating a discussion with their kids about the dangers of alcohol and drug use, while giving them additional information for further resources.

# • Aware Awake Alive

The Aware Awake Alive program is an educational program designed to give students the tools to prevent alcohol poisoning deaths through education, confidence building, and access to support resources. With funding from the CSU Chancellor's office, the Health Promotion Department deployed program materials in a number of ways to raise awareness about alcohol poisoning, help students identify those who may be suffering from alcohol poisoning, and have the skills necessary to intervene and help when necessary. Perhaps most wide-reaching was the inclusion of the life-saving instructions on ID card holders distributed to all incoming residential students in Fall 2016.

# **Behavioral Alternatives Example Programs**

# Aztec Nights Events

Aztec Nights was established to offer fun and entertaining weekend activities, aimed to provide safe, healthy, on-campus parties, movies, and fun social events for all students as attractive alternative alcohol-free programming events.

An evaluation of the Aztec Nights program conducted several years ago, demonstrated that it, along with the other programs implemented around 2008 were instrumental in dramatically reducing the number of alcohol-related incidents experienced by SDSU students. Thus, over the last several years, this programming has become institutionalized and is now widely recognized as part of the culture and tradition at SDSU.

During the 2015 and 2016 period, 32 Aztec Nights events were held. These late-night events ranged in size from 176 to 5,588 attendees, with an average of 1,415 students and guests attending.

# **Enforcement & Access Example Programs**

The enforcement of policies and limiting the access of alcohol and other drugs to SDSU students is essential to preserving the safety of the community, as a whole, and providing a safe learning environment. It is imperative to maintain an atmosphere that promotes higher learning and encourages healthy lifestyle behaviors to succeed in life. Therefore, the following programs exhibit examples of how SDSU has aimed to reduce the occurrence of underage drinking, increase and promote community awareness, and lessen the number of alcohol related incidences within the college community.

Center for Student Rights and Responsibilities (CSRR)

The Center for Student Rights and Responsibilities provides outreach and advisement to students, parents, faculty, and staff regarding the Student Code of Conduct, system wide processes related to student conduct, and campus expectations of student behavior. More specifically, University Judicial Officers decrease student risk behaviors through intervention and appropriate sanctioning, help students understand the importance of accountability, and demonstrate care for individual students, their educational aspirations, and personal development. Members of the CSRR team educate students and parents about campus expectations, policies, risk behaviors related to alcohol and other drugs, sexual violence and misconduct, and hazing through numerous presentations, including New Student and Parent Orientation, new faculty orientation, athletics trainings, residential education programming, and individual interventions.

All students suspected of violating the Student Code of Conduct, specifically in relation to alcohol or other drugs, meet with Judicial Officers to discuss the circumstances surrounding the incident, demonstrate care for the individual, determine whether policy was violated, and offer resources related to the violation and related concerns as discovered through this intervention process. Students found in violation of the Student Code of Conduct for AOD violations are sanctioned; these sanctions involve AOD education and/or interventions. The ASPIRE program is often utilized as an educational and intervention sanction for these students. Findings may sometimes warrant suspension or expulsion from SDSU and the California State University system. Sanctions of suspension for AOD-related violations involve off-campus AOD intervention programs or private counseling. During the calendar years 2015 and 2016, CSRR recorded 1,567 and 1,024 AOD incidents, respectively.

# • Associated Students – Good Neighbor Program (GNP)

The Associated Students Council created the Good Neighbor Program to promote awareness in the College Area community about the relationship between student behavior and the quality of life on and around the San Diego State campus. This is carried out through community outreach, canvassing SDSU neighborhoods reaching out to students presenting peer-to-peer education, and other community service activities.

# • Collaborative Incident Management Team (CIMT)

The Collaborative Incident Management Team fosters the safety and academic success of San Diego State University by addressing student behaviors that are disruptive and/or harmful to an individual, or other members of the campus community. Areas of concern include behavioral and psychosocial incidents that may interfere with adequate and successful functioning, may lead to dangerous outcomes, or may infringe on the rights of the members of the campus community.

The CIMT consists of qualified SDSU professionals from a variety of disciplines striving to: identify and evaluate risk behavior; provide a structured method for assessing and addressing student behaviors of concern; initiate appropriate interventions that will assist

the individual student, encourage safety for campus members, and assist in the maintenance of a high functioning academic environment; and balance the needs of the individual student and those of the campus community.

# **Community Action Example Programs**

RADD California Coalition partnership with SDSU –

The RADD California Coalition (RCC) was formed in 2005 to develop and implement mass-market campaigns that combine marketing techniques, entertainment content and science-based methods to promote solutions such as safe rides and designated drivers, and provide incentives for positive behavior on California's roads. SDSU is a founding member of this coalition.

Throughout 2015-2016, primary outreach efforts targeted students in a campaign to promote the "planning ahead" approach to drunk driving prevention by having a designated driver. At SDSU, Peer Health Educators have been trained to be RADD Crew members during a number of outreach efforts. As members, they promote the messaging of the RCC and encourage students to plan ahead for a safe ride home.

• San Diego County Binge and Underage Drinking Initiative

This project is funded by the San Diego County Health and Human Services Agency. Its mission is to "address the harmful effects of underage and high risk drinking by changing community policies, practices, and norms on the over-consumption of alcohol." During the years 2015 and 2016, SDSU's Coordinator of AOD Initiatives served on the initiatives "Alcohol Policy Panel" as the College Sector Leader.

# **Procedures for Distributing AOD Policy to Students**

SDSU's statement of AOD policy for students is currently included in the student guidebook and course schedule. The guidebook is available to all students on the SDSU website. Hard copies of the guidebook are also available to students for a small fee. All students are sent an e-mail to their address of record directing them to the policy statement. Since all students must have an official email address of record, this mode of contact is both cost effective and likely assures more successful contact. Past attempts to mail letters containing the statement to land-addresses proved to miss many students because parent-addresses were on record instead of student addresses. Students were also notified via email of campus marijuana policies following the voter approval of Proposition 64 with a link to Frequently Asked Questions. See Appendix F for examples of student AOD policy notification.

# Procedures for Distributing AOD Policy to Faculty and Staff

All staff and faculty were notified via email of the campus AOD policy and were provided with a link to the current University Senate Policy on Alcohol Abuse and Illegal Drugs. Faculty and staff were also notified via email of campus marijuana policies following the voter approval of Proposition 64. The AOD policy was recently reviewed and updated in July 2016. Consistent with our best practices, we will continue to review and update language in faculty and staff notifications as appropriate. See Appendix G for examples of Faculty and Staff policy notification.

# **Appendixes**

- A. Report: Screening and Brief Intervention, Referral for Treatment (SBIRT)
- B. Report: Aztecs For Recovery (RFT) training and student organization
- C. Report: Live Well Late Night alternative programs
- D. Report: Expansion of the FratMANers and SISSTER programs and peer health education offerings
- E. Report: Aztec Choices
- F. Student notification of AOD Risks, Campus Resources, Laws and Campus Policies
  - 1. Student AOD Notification included in General Bulletin 2015
  - 2. Student AOD Notification included in General Bulletin 2015
  - 3. Student AOD Notification Email 2015
  - 4. Student AOD Notification Email 2016
  - 5. Student Proposition 64 Notification Email
  - 6. Post Proposition 64 Frequently Asked Questions for Students
- G. Faculty & Staff notification of AOD Risks, Campus Resources, Laws and Campus Policies
  - 1. Faculty and Staff Notification Email
  - 2. Faculty and Staff University Senate Policy on Alcohol Abuse and Illegal Drugs
  - 3. Faculty and Staff Proposition 64 Notification Email

# Appendix A

# Report: Screening and Brief Intervention, Referral for Treatment (SBIRT)

# SBIRT Program Final Report for AY 2014-15

A serious concern identified by the AOD Working Group was the likelihood that many students who experience alcohol-related harms would go unnoticed by the institution because their use occurs outside the context of campus life was identified. To proactively identify high-risk students the AOD Working Group proposed the implementation of a voluntary Screening and Brief Intervention and Referral to Treatment (SBIRT) programi. SBIRT programs are being used on an increasing basis within college health centersii to efficiently screen students for potential AOD problems within an appropriate setting. Both on campus and in broader community trials, studies have shown that SBIRT programs provide risk reduction benefits for those who use them.

Two phases were proposed to develop the SBIRT and assure it's effective implementation at SDSU. For Phase I (2014-2015), supported by the recommendation of the AOD Task Force, Counseling and Psychological Services, Health Promotion and Student Health would do the following:

- Adapt existing SBIRT screening instruments for deployment within the SHS clinic
- Identify appropriate place and manner for screening and brief intervention to occur while students wait for their medical provider.
- Train three social work interns on the SBIRT protocol.
- Hire one SSP-1B counselor and train the counselor on the ASPIRE program.
- Begin voluntary SBIRT program with a goal of 500 screened students in Fall.
- Use patient generated data, and referral follow-through rates to assess the feasibility of expanding program
- Plan to expand program to 1,500 students spring 2015.
- Assess and report to the AOD Task Force on the feasibility and utility of ongoing implementation
  of the SBIRT.

### **Number of Students Reached**

	Planned Students Screened	Actual Total Students Reached	Students Referred to C&PS
Fall 2014	500	100	26
Spring 2015 (as of 05/01/15)	1,500	164	49
Total	2,000	264	75

# Appendix B

Report: Aztecs For Recovery (RFT) training and student organization

# San Diego State University Collegiate Recovery Program Annual Report

# Academic Year 2014-2015

Organization name: Aztecs For Recovery (AFR)

**Program Name**: San Diego State University (SDSU) Collegiate Recovery Program (CRP), under the umbrella term Aztecs For Recovery (AFR)

Created and coordinated by: Kim Archuleta, School of Social Work (SSW) and Sarah Zucker, Counseling and Psychological Services (C&PS)

# **Background and Objectives**

San Diego State University's School of Social Work and Counseling and Psychological Services were awarded the Stacie Mathewson Grant to help establish a Recovery Program at SDSU. The foundation asked that schools receiving the grant complete an asset map of recovery programs and resources, communicate regularly with the foundation to discuss successes and challenges, attend collegiate recovery trainings and conferences and network with other universities, and establish an everevolving recovery community on campus.

The objective of the grant coincided with the goals of the Presidential AOD Task Force. One objective was to create a campus culture that was more supportive of recovery so that students who are recovering from addictions and their allies can benefit from a sense of increased community and support. Aztecs for Recovery is a group of recovery-related initiatives on campus (including the student organization of the same name) that strive to create an empowering community where students in recovery and allies can receive social and emotional support, thrive academically, and reduce recovery-related stigma. Goals for the program included 1) Creating and solidifying a student organization with consistent meeting times and consistent involvement in campus outreach, community service, and sober social activities 2) Reducing stigma, providing education, and raising awareness by providing faculty and student-led trainings directed at potential allies 3) Creating a well-attended and ongoing inclusive therapeutic support group for any student struggling with recovery and/or addiction. The ultimate goal is to provide a space on campus where students feel safe, welcomed, and empowered to take ownership over their recovery and academic success.

# **Program Highlights**

Several events and accomplishments were highlights for both the coordinators and students of the program in its inaugural year. These were:

 Creation of the official Student Organization, Aztecs For Recovery. The group became official in the 2014Fall semester. It currently has 12 members who meet weekly to socialize, plan events, and do service work. To date, members have held study groups, participated in walks to promote eating disorder awareness and mental health awareness, had sober gatherings when other students may be inclined to drink (such as St. Patrick's Day), tabled twice weekly, promoted AFR at Aztec Nights, health fairs, and Explore SDSU, and supported other student organizations by attending their events.

- Screening of The Anonymous People and Panel. Over 55 people attended AFR's first event during Red Ribbon Week on October 22<sup>nd</sup>, 2014. AFR rented the Student Union Theater and provided food and drinks while students watched The Anonymous People. This was followed by a panel discussion on recovery.
- Ally Training Presentation. The ally training was created and shared
  across the nation. Various versions of the training have been given to over
  140 faculty, staff, and students to date. The training focuses on Aztecs For
  Recovery, the recovery movement, how to be an ally, myths about people
  in recovery, how to approach friends or students about their risky
  behavior, and why addiction and recovery are important and relevant on
  campus.
- Creating a recognizable look and promotional materials. Materials have included shirts, banners, a website, and cards.
- Creation of support group for students in recovery. This weekly support group is stage of change inclusive and recovery model-inclusive. It is meant for anyone trying to reduce or stop their use or remain abstinent.

### Outcomes and Results: AFR by the Numbers

- 2,350: Amount of people reached via tabling
- 140: Total number of SDSU community members reached with ally trainings
  - 75: Students reached with abbreviated ally training presented by peers
  - 65: Faculty, staff, and students reached with full ally training presented by staff
- 60: AFR Facebook Group members
- 16: Recovery Support Groups held
- 12: Official members of student organization
- 10: AFR meetings held

Highlights of Outreach/Community Events:

- 65 people attended the screening of The Anonymous People and panel discussion
- 13 people attended the AFR Sober St. Patrick's Day Party
- 6 people attend AFR's weekly study groups
- 200 people reached by AFR members at Explore SDSU
- 100 people reached by AFR members at SDSU Health Expo
- 8 AFR participants attended NAMI walk

For the in-depth, full version of the training, a brief survey was administered after the presentation to as many attendees as possible. Of those who responded: 100% found the training to be clear and understandable

93% found the training to be interesting

97% fond the training to be useful

80% found the training to be "relevant to my life"

90% reported they learned something new in the training

67% reported they are "likely to make a change because of what I've learned"

93% reported they "feel better able to support people in recovery" after the training

## **Quotes from AFR Members:**

Dorian: "AFR is crucial because it builds a safe community for the students. It is through this program that students are there to support each other through stressors and have friends to participate in sober activities with."

Sarah: "The college environment can be so toxic to recovery and AFR is making steps to change that. I am proud to be part of such an amazing organization!"

Kat: "Just having this group and a "safe place" to hang out with other students in recovery has helped keep my depression symptoms at bay. I hope we will be able to expand AFR so we can help many more students in recovery or struggling with mental illness realize that they are not alone."

Virginia: "I didn't feel like a true student until I joined Aztecs for Recovery."

Mike: "Aztecs for Recovery has helped me feel like I am part of the SDSU community. As a recovering alcoholic and addict, I often feel isolated and alone on campus. Aztecs for Recovery reminds me that I am not alone at SDSU, and sometimes when I'm having a tough day, that is enough to get me through it."

Betswan: "Aztecs for Recovery has made a positive impact on my journey. The weekly support group on campus allows me to talk to a therapist about my triggers and provides healthy alternatives to coping skills."

Maria: "AFR is a great way to meet people who support me in accomplishing my goals and succeeding in my classes. This organization is a revolution for healthy, fun, and innovative ideas while accomplishing my goals toward graduation."

Rebecca: "Aztecs for Recovery could not have come at a better time. When I arrived here at San Diego State University, I started off good but then I started to lose my way. When I found out that Aztecs for Recovery was here, it gave me hope that I will be alright. They did more than they know for me."

# **Diversity**

Having a culturally diverse group of students was important to creating a well-rounded, welcoming organization. Since addiction does not discriminate, neither should recovery. As was hoped, the 2014-15 students involved in the campus recovery program were very diverse. The students this year are a heterogeneous group comprised of students of color, LGBT students, older and younger students, students with different ability statuses, transfer students, commuter students, and students of varying socioeconomic statuses. The only requirement for joining AFR is a commitment to recovery and as such, AFR welcomes students from every race, color, national origin, age, disability, sex, gender identity, culture, religion, political beliefs, marital status, familial or parental status, and sexual orientation. Many AFR members participate in additional campus organizations such as LGBT groups, disability networks, cultural clubs, and faith-based organizations. Supporting and networking with these clubs that students are cross-affiliated with is an ongoing goal of AFR.

# Addressing the Challenges

Challenges included:

- A small pool of eligible candidates to choose from to help with student recruitment and coordination efforts
- The student position requires someone who is knowledgeable about addiction and recovery
- Stigmas related to recovery
- Stability of core group of students due to graduating, busy schedules
- Small support group attendance

The co-coordinator is trying to recruit from SDSU's BASW or MSW students who are in their final year and may be considering applying. If we are not able to identify a social work student to intern, we may need to hire a student worker to complete this work. The program will not continue without the dedicated time of a student, so this is a priority. Tabling and outreach will continue and will target underclassmen so students will not all graduate out of the program all at once. The coordinators are currently working on a sustainability plan to ensure AFR can continue on regardless of circumstances. We will also work to anticipate expenses in advance so reimbursement delays are reduced. Any incoming coordinators will be trained regarding the budgets and grants. Ally recruitment will be strengthened as well. The support group will be held right before the student organization meeting to increase attendance. Counseling & Psychological Services is working with the student organization to ascertain how it can be more supportive to students in recovery. C&PS will continue to lead focus groups and engage with the student organization to determine their continued service needs.

# Conclusion

Overall, the coordinators are pleased with the success of this new and evolving program. Although they are still small in number, students who have participated in AFR

have been enthusiastic and satisfied with the Aztecs For Recovery program. A lot was learned this year and that experience will be applied to facilitate the expansion of the program next year. Membership in the student organization grew more quickly than we anticipated, and student's willingness to participate has been inspiring. The ally support from students and faculty was also encouraging. As the program continues, it will be able to grow and reach new students while keeping its foundation in place. With the groundwork laid this year, AFR fully expects to flourish in its second year.

# Appendix C

# Report: Live Well Late Night alternative programs

SDSU Student Affairs 2015-2017 SMART Goals Monthly Update

# Student Affairs 2015-17 SMART Goals: Monthly Update Report

# AOD Task Force Goals

The AOD Task Force has sought to evaluate SDSU's current AOD prevention, support and intervention efforts and propose and implement new initiatives that can further the goal of reducing the impact of AODs on student success and the community. The task force has reached 95% of this goal by evaluating the existing programs, proposing the Live Well Late Night events, and nearing completion of their execution. Left to be done is creating a final report of the outcomes of the events.

The AOD Task Force had two programs approved for the spring 2016 semester under the new "Live Well Late Night" program series. In partnership with the Live Well Aztecs committee, these social programs were hosted in the late evenings to promote health and wellness topics including alcohol and other drug education. This series targeted second year students who do not generally attend all Aztec Nights events and are often not of legal drinking age.

The approved programs are:

- 3-on-3 Basketball Tournament (April 14th): Student organizations were targeted to sign
  up their members to create 3-on-3 teams as well as a team of members to serve as a
  fan base. Teams will move quickly through the tournament and incentives for winning
  teams will be provided. During breaks, fans will be invited to participate in cheers and
  dances to keep the excitement going and get people moving. This event reached its
  goal of having over 100 students play in the basketball tournament. It also successfully
  delivered alcohol education and other wellness education to not only the participants, but
  to others who were using the ARC.
- Fitness Jam (April 28th): This program hosted a variety of fitness classes continuously throughout the evening including Zumba, Cardio Dance, Yoga, and Blacklight Cycling. This allowed students to move throughout the classes at their leisure during the program.

During both programs, educational tables were set up with activities and information regarding alcohol and wellness topics. Examples include tables on AOD's impact on driving and stress-reduction strategies.

All students had their Red ID recorded on entry. AOD related knowledge and learning outcomes was assessed through a set of questions students could complete to receive an incentive following participation at the various information tables.

# AOD Program Results

104 students participated in the 3 on 3 basketball tournament. Approximately 100 other students participated in the information fair. Of those, 20 agreed to complete the assessment.

324 students participated in the Fitness Jam classes. Many of those also participated in the information fair, with 104 agreeing to complete the assessment.

Of those completing the assessments, answers to the various questions were about 80% correct. A more detailed and complete analysis report of the results is anticipated by the next reporting period.

# Appendix D

Report: Expansion of the FratMANers and SISSTER programs and peer health education offerings

SDSU Student Affairs 2016-2017 SMART Goals Monthly Update

# Student Affairs 2016-17 SMART Goals: Monthly Update Report

By May 31, 2017, the AOD task force, in collaboration with Health Promotion, Counseling and Psychological Services, Residential Education, Center for Student Rights and Responsibilities, and Student Life and Leadership will expand AOD education programs within the Greek community by doubling the number of trained ACTIVES enrolled in FratMANers (25 to 50) and SISSTER (15 to 30). Success will be demonstrated by 1) creation of two new sections of PH 496 for FratMANers and SISSTER respectively for Fall 2016, 2) enrollment of the maximum number of students in all sections and 3) expanding the AOD education offered by trained ACTIVES to include membership from Panhellenic, NPHC and USFC organizations and non-Greek residential students.

# UPDATE:

In the 2016-17 academic year, **73** students were enrolled in FratMANers and **58** students were enrolled in SISSTER, a **192.0%** and **286.7%** increase respectively when compared to the 2015-16 academic year (25 and 15).

# Appendix E

# **Report: Aztec Choices**

# Aztec Choices Pre-Post (n=71)

# AY 2015-2016

# 1. How often do you have a drink containing alcohol?

	Pre-Aztec Choices :	Post-Aztec Choices:
Never (0)	29.5%	36.0%
Monthly or less (1)	21.1% ( responses)	36.0%
2-4 times a month (2)	40.8% ( responses)	22.0%
2-3 times a week (3)	7% ( responses)	5.0%
4 or more times a week (4)	0% ( responses)	0%

# 2. How many drinks containing alcohol do you have on a typical day when you are drinking?

	Pre-Aztec Choices :	Post-Aztec Choices	
1 or 2 (0)	46.4%	71.0%	
3 or 4 (1)	22.5%	22.0%	
5 or 6 (2)	21.1%	7.0%	
7 - 9 (3)	7%	0%	
10 or more (4)	2.8%	0%	

# 3. How many alcohol beverages do you drink per week, on average?

	Pre-Aztec Choices :	Post-Aztec Choices :	
0	32.3%	44.0%	
1	2.8% ( responses)	24.0%	

2	11.2% ( responses) 22.0%		
3-4	18.3% 9.0%		
5-7	12.7%	2.0%	
8-10	12.7% ( responses)	0%	
11+	9.8% ( responses)	0%	

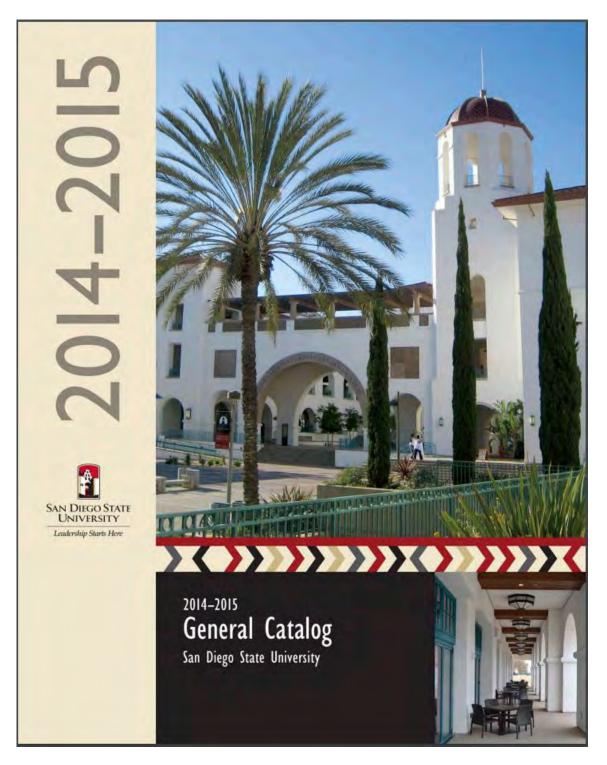
# 4. How often have you been unable to remember what happened the night before because you had been drinking (blackout) ?

	Pre-Aztec Choices :	Post-Aztec Choices
Never	80.2%	95,0%
Less than Monthly	14.1%	5.0%
Monthly	5.6%	0%
Weekly	0%	0%
Daily or almost daily	0%	0%

# 5. How often have you had a feeling of guilt or remorse after drinking?

	Pre-Aztec Choices :	Post-Aztec Choices	
Never	94.3%	100%	
Less than Monthly	8.4%	0%	
Monthly	1.4%	0%	
Weekly	0%	0%	
Daily or almost daily	0%	0%	

Appendix F
Student notification of AOD Risks, Campus Resources, Laws and Campus Policies
1. Student AOD Notification included in General Bulletin 2015



which is a ground of discipline under Sections 41301 or 41302; the authority of the campus president in such matters; conduct related determinations on financial aid eligibility and termination; alternative kinds of proceedings, including proceedings conducted by a hearing officer; time limitations; notice; conduct of hearings, including provisions governing evidence, a record, and review; and such other related matters as may be appropriate. The chancellor shall report to the board actions these unstar this rection. the board actions taken under this section.

### Student Grievances

If a student believes that a professor's treatment is grossly unfair or that a professor's behavior is clearly unprofessional, the student may bring the complaint to the proper university authorities and official reviewing bodies by following the *Procedures for Handling Student* Grievances Against Members of the Faculty, adopted by the Faculty Senate. A copy of the procedures may be obtained from the Office of the Ombudsman, Student Services East, Room 1105.

### Cheating and Plagiarism

Institutions of higher education are founded to impart knowledge, seek truth, and encourage one's development for the good of society. seek truin, and encourage one's development for the good of society. University students shall thus be intellectually and morally obliged to pursue their course of studies with honesty and integrity. Therefore, in preparing and submitting materials for academic courses and in taking examinations, a student shall not yield to cheating or plagia-rism, which not only violate academic standards but also make the offender liable to penalties explicit in Section 41301 of Title 5, California

Code of Regulations as follows:

Expulsion, Suspension, and Probation of Students. Following procedures consonant with due process established pursuant to Section 41304, any student of a campus may be expelled, suspended, placed on probation, or given a lesser sanction for one or more of the following causes that must be campus related.

### Cheating

Cheating is defined as the act of obtaining or attempting to obtain credit for academic work by the use of dishonest, deceptive, or fraud-ulent means. Examples of cheating include, but are not limited to

- (a) copying, in part or in whole, from another's test or other examination;
- (b) discussing answers or ideas relating to the answers on a test or other examination without the permission of the instructor;
  (c) obtaining copies of a test, an examination, or other course material without the permission of the instructor;
  (d) using notes, cheat sheets, or other devices considered inappropriate under the prescribed testing condition;

- (e) collaborating with another or others in work to be presented without the permission of the instructor;
- (f) falsifying records, laboratory work, or other course data;
- (g) submitting work previously presented in another course, if contrary to the rules of the course;
- (h) altering or interfering with the grading procedures;
- (i) plagiarizing, as defined; and
- (j) knowingly and intentionally assisting another student in any of the

### Plagiarism

Plagiarism
Plagiarism is defined as the act of incorporating ideas, words, or specific substance of another, whether purchased, borrowed, or otherwise obtained, and submitting same to the university as one's own work to fulfill academic requirements without giving credit to the appropriate source. Plagiarism shall include but not be limited to (a) submitting work, either in part or in whole, completed by another; (b) omitting footnotes for ideas, statements, facts, or conclusions that

- (b) omitting footnotes for ideas, statements, facts, or conclusions that belong to another;
  (c) omitting quotation marks when quoting directly from another, whether it be a paragraph, sentence, or part thereof;
  (d) close and lengthy paraphrasing of the writings of another;
  (e) submitting another person's artistic works, such as musical compositions, photographs, paintings, drawings, or sculptures; and
  (f) submitting as one's own work papers purchased from research companies.

### **Disciplinary Action**

Cheating and plagiarism in connection with an academic program at the university may warrant two separate and distinct courses of disciplinary action that may be applied concurrently in response to a violation of this policy: (a) academic sanctions, such as grade modifications; and (b) punitive sanctions, such as probation, suspension, or expulsion.

Academic sanctions are concerned with the student's grades and

are the responsibility of the instructor involved. Punitive sanctions are concerned with the student's records and status on campus and shall be the responsibility of the university president or designated representative. The Coordinator of Judiciary Procedures shall be the presi-dent's representative in matters of student discipline.

# Civil and Criminal Penalties for Violation of

Civil and Criminal Penalties for Violation of Federal Copyright Laws

Anyone who is found to be liable for copyright infringement may be ordered to pay either actual damages or "statutory" damages between \$750 and \$30,000 per work infringed. In the case of a "willful" infringement, a court may award up to \$150,000 per work infringed. Courts also have discretion to award costs and attorneys' fees to the prevailing party. (See 17 U.S.C. \$\$504 and 505.) Willful copyright infringement can also result in criminal penalties, including imprisonment of up to five years and fines of up to \$250,000 per offense. (See 17 U.S.C. \$506 and 18 U.S.C. \$2319.)

### SDSU Alcohol and Substance Abuse **Policies**

In accordance with the California Information Practices Act, the Vice President for Student Affairs or designee of San Diego State University may notify a student's parent(s) or legal guardian(s) in the event compelling circumstances exist affecting the student's health or safety, including circumstances involving alcohol or controlled substances.

This statement is presented to students to provide information about (1) health risks associated with alcohol and other drugs, (2) prevention and treatment programs available on campus, and (3) applicable State laws and campus policies.

Risks

Use and abuse of alcohol and other drugs can lead to accidents, injury, and other medical emergencies. Alcohol, especially in high doses, or when combined with medications or illegal drugs continues to claim the lives of college students across the nation. If you see someone unconscious, call 9-1-1; doing so may save his or her life. Driving after consumption of even relatively small quantities of alcohol can substantially increase your risk of crash involvement. Even after just a drink or two, drinkers may experience some loss of their ability to think about complex problems or accomplish complex tasks. Drinkers may also lose some control over impulsive behavior.

To become dependent upon chemicals such as alcohol and/or illicit drugs is to put your health and life at risk. Chemical dependency is a condition in which the use of mood altering substances, such as drugs or alcohol, affect any area of life on a continuing basis. Medical research has established very strong evidence that alcohol abuse contributes significantly to cancer and heart disease. Many illicit drugs have also been demonstrated to lead to serious short and long-term health problems. There is clear evidence of serious negative effects on babies due to use of illicit drugs and alcohol by the mother during pregnancy.

Campus Resources

### Campus Resources

Keeping yourself informed is an important step in developing a healthy lifestyle and in knowing how to cope with problems as they arise. SDSU provides useful and informative prevention they arise. SDSU provides useful and informative prevention education programs throughout the year. A variety of departments sponsor workshops and lectures on alcohol and drug related issues to support and encourage healthy, productive lifestyles. These programs are available through: Counseling and Psychological Services, 619-594-520; Residential Education Office, 619-594-5742; Alcohol and Other Drug Initiatives, 619-594-4133; Athetic Department, 619-594-3019; Student Health Services, 619-594-5281; University Police Department, 619-594-1991.

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For students with substance abuse problems or concerns, assistance is available at SDSU's Counseling and Psychological Services (CPS) located in Calpulli Center, Room 4401. Students who prefer an appointment with a health care provider (e.g. nurse or physician), may contact Student Health Services. If you are aware of problems with friends, roommates, or family members, we encourage you to act responsibly by consulting with Counseling and Psychological Services. Femaining silent or waiting until a situation has escalated is not responsible behavior. SDSU supports the notion of students helping one another to cooperatively solve alcohol and substance abuse problems as they occur.

### Laws and Campus Policy

With few exceptions, it is illegal for anyone under the age of 21 to purchase or possess alcohol. If you violate these laws you may face a minimum fine of \$250 and suspension of your driving license. For more information about California laws visit the California State Bar website at <a href="http://calbar.ca.gov/Public/Pamphlets/KidstheLaw.aspx">http://calbar.ca.gov/Public/Pamphlets/KidstheLaw.aspx</a> or the California Atoholo Beverage Control website at <a href="http://www.abc.ca.gov/teencorner.html">http://www.abc.ca.gov/teencorner.html</a>. Federal and State laws define a number of substances as "drugs" with sanctions related to their manufacture, sale, possession, and use

with sanctions related to their manufacture, sale, possession, and use varying by type of substance and quantity. See California State Bar

varying by type of substance and quantity. See California State Bar website at http://calbar.ca.gov/Public/Pamphlets/KidisheLaw.aspx. In addition to the Standards for Student Conduct in the California Code of responsible student behavior prohibits the unlawful possession, use, or distribution of drugs and alcohol by students on university property or in surrounding neighborhoods, or as any part of the university's activities. Violators may face suspension or expulsion from the university. In addition, the university will cooperate with governmental authorities in criminal and civil actions. The university descript appears and appears and property alcohol or the criminal and civil actions. The university descript appears and appears alcohol or property of the control of the control

In addition, the university will cooperate with governmental authorities in criminal and civil actions. The university does not accept alcohol or substance abuse as an excuse, reason, or rationale for any act of abuse, harassment, intimidation, violence, or vandalism.

Possession or consumption of distilled figuor on university property is prohibited at all times. Possession, consumption, or sale of beer or wine by those 21 years of age or older is permitted at designated campus locations and events only with prior approval of the vice president for student affairs.

On campus property, and in surrounding neighborhoods, the sale.

beverages, are subject to arrest, imprisonment, or a fine according to State law. The University Police Department is empowered to enforce all State and Federal laws, including public drunkenness, driving under the influence, and possession of alcohol by a minor. The university's commitment to exercising disciplinary powers in cases of illegal alcohol and drug use complements its full measure of support for students who seek help for themselves or their acquaintances. These two approaches, combined with an active prevention education program, provide a strong basis for maintaining university expectations for a safe, healthy, and productive campus community. We hope that you will take advantage of the programs and services available to you, and that you. advantage of the programs and services available to you, and that you will join with us in creating a viable learning community.

## **Drug Law Violations and Consequences**

A federal or state drug conviction for possession, sale, or receive a state title conversion to pussession, sale, or conspiring to self illegal drugs can affect a student's eligibility to receive federal student financial aid, including loans, grants, and work study, if the offense occurs while the student is receiving federal student financial aid, the student will lose aid eligibility for a certain period of time. Additional information is available from the Office of Financial Aid and Scholarships, Student Services West, Room 3605, 619-594-6323, or at <a href="https://www.sdsu.edu/financialaid">https://www.sdsu.edu/financialaid</a>.

## **SDSU Smoke-Free Policy**

SDSU is a completely smoke-free campus. Smoking is not permitted in or outside any buildings, including Viejas Arena and auxiliary buildings, or in parking areas.

This policy implements Section 42356 of Title 5, California Code of Regulations and CSU Memorandum, 2002-26 and 2003-19, in accordance with California Education Code Sections 89030 and 89031, California Government Code Sections 7596-7598, and CSU Executive Order 599.

Visit http://smokefree.sdsu.edu/smoke free/ for more information.

Visit http://smokefree.sdsu.edu/smoke\_free/ for more information on the SDSU smoking policy and smoking cessation programs.

### Safety and Security Report

In accordance with the requirements of the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, the San Diego State University Safety, Security and Fire Report and current annual crime statistics are available online at http://www.police.sdb.uedu. Call the University Police Crime Prevention Unit at 619-594-1985 for more information.

### Availability of Institutional and Financial Assistance Information

The following information concerning student financial assistance may be obtained from the Office of Financial Aid and Scholarships, Student Services West, Room 3605, 619-594-6323, or at <a href="https://www.sdsu.edu/financialaid:1">https://www.sdsu.edu/financialaid:1</a>.

1. A description of the federal, state, institutional, local, and private

- student financial assistance programs available to students who enroll at San Diego State University and for San Diego State University students participating in study abroad programs; For each aid program, a description of procedures and forms
- by which students apply for assistance, student eligibility requirements, criteria for selecting recipients from the group of eligible applicants, and criteria for determining the amount of a student's award;

  A description of the rights and responsibilities of students
- receiving financial assistance, including federal Title IV student assistance programs, criteria for continued student eligibility under each program, and how a drug law violation may affect
- your eligibility to receive financial aid; The satisfactory academic progress your eligibility to receive financial aid; The satisfactory academic progress standards that students must maintain for the purpose of receiving financial assistance and criteria by which a student who has failed to maintain satisfactory progress may reestablish eligibility for financial assistance
- assistance;
  The method by which financial assistance disbursements will be made to students and the frequency of those disbursements;
  The way the university provides for Pell-eligible students to obtain or purchase required books and supplies by the seventh day of a payment period and how the student may opt out;
  The terms of any loan received as part of the student's financial side personal personal loan required technique.
- aid package, a sample loan repayment schedule, and the necessity for repaying loans. The general conditions and terms applicable to any employment provided as part of the student's financial aid
- package: The terms and conditions of the loans students receive under
- the Direct Loan and Perkins Loan Programs;
  The exit counseling information the university provides and collects for student borrowers; and

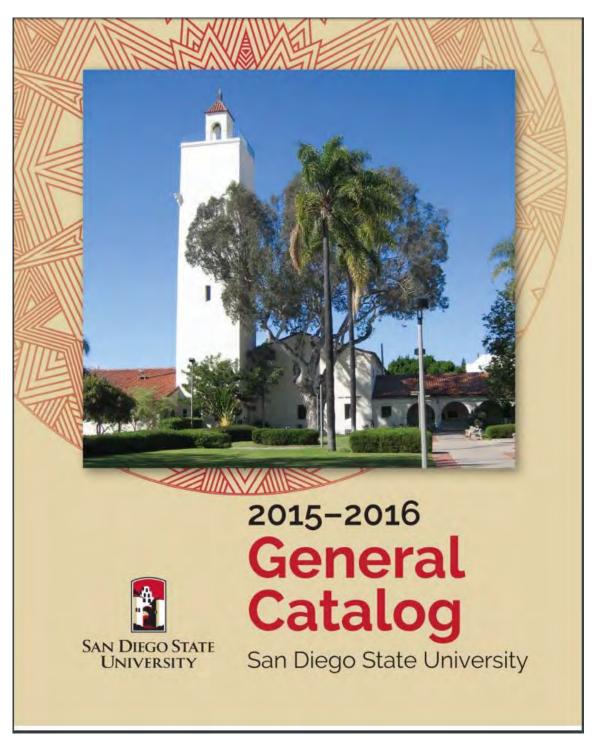
 Collects for subsett borrowers, and
 Control of the contro room, board, and transportation costs; and, if requested, additional costs for specific programs.

costs for specific programs.

Information concerning the refund policies of San Diego State University for the return of uneerned tuition and fees or other refundable portions of institutional charges is available from Student Account Services, Student Services West, Floom 2536, 619-594-5253, or at <a href="https://www.sdsu.edu/sas.">https://www.sdsu.edu/sas.</a>

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Appendix F
Student notification of AOD Risks, Campus Resources, Laws and Campus Policies
2. Student AOD Notification included in General Bulletin 2016



# 41304. Student Disciplinary Procedures for

41304. Student Disciplinary Procedures for the California State University.

The chancellor shall prescribe, and may from time to time revise, a code of student disciplinary procedures for the California State University. Subject to other applicable law, this code shall provide for determinations of fact and sanctions to be applied for conduct which is a ground of discipline under Sections 41301 or 41302; the authority of the campus president in such matters; conduct related determinations on financial aid eligibility and termination; alternative kinds of proceedings, including proceedings conducted by a hearing officer, time limitations; notice; conduct of hearings, including provisions governing evidence, a record, and review, and such other related matters as may be appropriate. The chancellor shall report to the board actions taken under this section.

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(d) close and lengthy paraphrasing of the writings of another

(e) submitting another person's artistic works, such as drawings, musical compositions, paintings, photographs, or sculptures; and (f) submitting as one's own work papers purchased from research companies.

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(b) disciplinary sanctions, such as probation, suspension, or expulsion. Academic sanctions are concerned with the student's grades and are the responsibility of the instructor involved. Disciplinary sanctions are concerned with the student's records and status on campus and shall be the responsibility of the university president or designated representative. The Director of the Center for Student Rights and Responsibilities shall be the president's representative in matters of student discipline.

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Civil and Criminal Penalties for Violation of Federal Copyright Laws
Anyone who is found to be liable for copyright Infringement may be ordered to pay either actual damages suffered as a result of the infringement along with any profits of the infringer attributable to the infringement that are not already taken into account in computing the actual damages, or "statutory" damages between \$750 and \$30,000 per work infringed. (See 17 U.S.C. \$504, I in the case of a "willful" infringement, a court may award up to \$150,000 per work infringed. Courts also have discretion to award costs and attorneys' fees to the prevailing party. (See 17 U.S.C. \$505, I willful copyright infringement can also result in criminal penalties, including imprisonment of up to five years and fines of up to \$250,000 per offense. Criminal penalties may vary depending on the nature of the offense and whether the infringer has previously been convicted of criminal copyright infringement under 18 U.S.C. \$2319. (See 17 U.S.C. \$506 and 18 U.S.C. \$2319.)

### SDSU Alcohol and Substance Abuse **Policies**

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Driving after consumption of even relatively small quantities of alcohol can substantially increase your risk of crash involvement. Even after just a drink or two, drinkers may experience some loss of their ability to think about complex problems or accomplish complex saks. Drinkers may also lose some control over impulsive behavior.

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Campus Resources

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For students with substance abuse problems or concerns, assistance is available at SDSUS Counseling and Psychological Services (CPS) located in Calpulli Center, Room 4401. Students who prefer an appointment with a health care provider (e.g. nurse or physician), may contact Student Health Services. If you are aware of problems with friends, roommates, or family members, we encourage you cat responsibly by consulting with Counseling and Psychological Services. Remaining silent or waiting until a situation has escalated

Services. Remaining silent or waiting until a situation has escalated is not responsible behavior. SDSU supports the notion of students helping one another to cooperatively solve alcohol and substance abuse problems as they occur.

### Laws and Campus Policy

With few exceptions, it is illegal for anyone under the age of 21 to purchase or possess alcohol. If you violate these laws, you may face a minimum fine of \$250 and suspension of your driving license. For more Information about California laws visit the California State Bar website at http://calbar.ca.gov/Public/Pamphlets/KidstheLaw. aspx or the California Alcohol Beverage Control website at http://www.abc.ca.gov/teencorner.html.
Federal and State laws define a number of substances as "drugs

Federal and State laws define a number of substances as "drugs" is anciented related to their manufacture, sale, possession, and use varying by type of substance and quantity. See California State Bar website at http://calibar.ca.gov/public/Pamphleta/Ridsthet\_aw.aspx. In addition to the Standards for Student Conduction the California Code of Regulations, Title V. Article 2, Section 41301, SDSJ3 expectations of responsible student behavior prohibits the unlawful possession, use, or distribution of drugs and alcohal by students on university property or in surrounding neighborhoods, or as any part of the university's activities. Violators may face suspension or expulsion from the university in addition, the university will cooperate with governmental authorities in criminal and chil actions. The university does not accept alcohol or substance abuse as an excuse, reason, or rationale for any act of abuse, harassment, intimidation, violence, or vandalism.

Possession or consumption of distilled liquor on university prop-

harassment, intimidation, violence, or vandalism.

Possession or consumption of distilled liquor on university property is prohibited at all times. Possession, consumption, or sale of beer or wine by those 21 years of age or older is permitted at designated campus locations and events only with prior approval of the vice president for student affairs.

On campus property, and in surrounding neighborhoods, the sale, distribution, knowing possession, and use of dangerous drugs or narcotics are prohibited. Students are also forbidden by State and Federal laws to sell, distribute, possess, or use those drugs. SDSU does not permit the possession or use of marijuana even with a medical recommendation.

recommendation.

Student organizations, residence halfs, athletics, and Greek Life have instituted additional policies regarding alcohol and drugs. Please contact relevant administration offices for more information. More information can also be found at http://aod.adsu.edu.

As a student at SDSU, you are responsible for your behavior and

As a student at SDSU, you are responsible for your behavior and are fully accountable for your actions. Violation of this policy statement will not go unchallenged within the SDSU community. Any university student may be expelled, suspended, or placed on probation for violating university regulations regarding alcohol or drugs. Additionally, using alcohol or drugs negatively affects your academic performance. Students who possess, use, or distribute substances such as, but not limited to, marijuana, cocaine, methamphetamines, or other halfunctinogens and narcotics, or who violate statutes regarding alcoholic beverages, are subject to arrest, imprisonment, or a fine according to State law. The University Police Department is empowered to enforce all State and Federal laws, including public drunkenness, driving under the influence, and possession of alcohol by a minor. The university's commitment to exercising disciplinary powers in cases of illegal alcohol and drug use complements its full measure of support or students who seek help for themselves or their acquaintances. These two approaches, combined with an active prevention education program, provide a strong basis for maintaining university expectations for a safe,

healthy, and productive campus community. We hope that you will take advantage of the programs and services available to you, and that you will join with us in creating a viable learning community.

### **Drug Law Violations and Consequences**

A federal or state drug conviction for possession, sale, or conspiring to sell illegal drugs can affect a student's eligibility to receive federal student financial aid, including loans, grants, and work study. If the offense occurs while the student is receiving federal student financial aid, the student will lose aid eligibility for a certain period of time. Additional information is available from the Office of Financial Aid and Scholarships, Student Services West, Room 3605, 619-594-6323, or at http://www.sdsu.edu/financialaid.

### SDSU Smoke-Free Policy

SDSU Smoke-Free Policy
SDSU is a completely smoke-free campus. Smoking is not permitted in or outside any buildings, in louding Viejas Arena and audilary buildings, or in parking areas.

This policy implements Section 4256 of Title 5, California Code of Regulations and CSU Memorandum, 2002-26 and 2003-19, in accordance with California Education Code Sections 89030 and 89031, California Government Code Sections 7596-7598, and CSU Executive Order 598.

Visit http://smokefree.sdsu.edu/smoke\_free/ for more information on the SDSU smoking policy and smoking cessation programs.

### Safety and Security Report

In accordance with the requirements of the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, the San Diego State University Safety, Security and Fire Report and current annual crime statistics are available online at <a href="https://www.police.edu.call.the University Police Crime Prevention Unit at 619-594-1985">https://www.police.edu.call.the University Police Crime Prevention Unit at 619-594-1985</a> for more information.

### Availability of Institutional and Financial Assistance Information

The following information concerning student financial assistance may be obtained from the Office of Financial Aid and Scholarships, Student Services West, Room 3605, 619-594-6323, or at <a href="https://www.sdsu.edu/financialaid">https://www.sdsu.edu/financialaid</a>:

1. A description of the lederal, state, institutional, local, and private

- student financial assistance programs available to students who enroll at San Diego State University and for San Diego State
- University students participating in study alroad rough State University students participating in study alroad programs. For each aid program, a description of procedures and forms by which students apply for assistance, student eligibility requirements, criteria for selecting recipients from the group of eligible applicants, and criteria for determining the amount of a student's award:
- students award;
  A description of the rights and responsibilities of students receiving financial assistance, including federal Title IV student assistance programs, criteria for continued student eligibility under each program, and how a drug law violation may affect your eligibility to receive financial aid;
- 4. The satisfactory academic progress standards that students must maintain for the purpose of receiving financial assistance and criteria by which a student who has failed to maintain satisfactory progress may reestablish eligibility for financial assistance;
- assistance;
  The method by which financial assistance disbursements will be made to students and the frequency of those disbursements;
  The way the university provides for Pell-eligible students to obtain or purchase required books and supplies by the seventh day of a payment period and how the student may opt out;
- usy or a payment period and now me student may opt out. The terms of any loan received as part of the student's financial aid package, a sample loan repayment schedule, and the necessity for repaying loans. The general conditions and terms applicable to any employment provided as part of the student's financial aid packages:

- employment provided as part of the students mandal and package;

  9. The terms and conditions of the loans students receive under the Direct Loan and Perkins Loan Programs;

  10. The exit counseling information the university provides and collects for student borrowers; and

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# Student notification of AOD Risks, Campus Resources, Laws and Campus Policies

# 3. Student AOD Notification Email 2015



### Hello Polly,

The university is required to provide this notice of required disclosures. The following sections provide a list and summary description of the required information and how to obtain detailed information of each disclosure. This summary list may be found at the Office of the Registrar website: <a href="https://www.sdsu.edu/requirednotices">www.sdsu.edu/requirednotices</a>

### Alcohol and Substance Abuse Policies and Prevention

SDSU Alcohol and Substance Abuse Policies are found on the Alcohol and Other Drugs Initiatives website. This statement is presented to students to provide information about (1) health risks associated with alcohol and other drugs, (2) prevention and treatment programs available on campus, and (3) applicable state laws and campus policies. For more information, please contact SDSU's coordinator of Alcohol and Other Drug Initiatives at (619) 594-4133.

### Campus Security and Fire Safety Report

Originally known as the Campus Security Act, the Jeanne Clery Act requires universities to report annual crime statistics, provide timely warnings of serious crimes when there may be a threat to others, and to keep a public log of campus incidents. In addition, the report contains information about the enforcement authority of campus security personnel and their relationship with state and local police, as well as the Fire Safety Report. The report also contains university policy information for reporting missing students from the residence halls. The crime statistics reports can be found on the University Police Department website.

You may print your own copy by accessing PDF files above. If you'd like a printed brochure for the current year, please contact Public Safety at (619) 594-1985 to request a copy from University Police Crime Prevention.

### College Portrait

Found on the Analytic Studies and Institutional Research (ASIR) website, College Portrait includes data on student demographics, student-faculty ratio, admission and progress rates, types and amounts of financial aid received, and typical undergraduate costs.

# Completion of Graduation and Retention Rates

Completion of graduation and freshmen retention rates reports may be found on the Analytic Studies and Institutional Research (ASIR) website. The reports include graduation rates for first-time freshmen and new upper-division transfers who enter in the fall by ethnicity, as well as reports on freshmen retention. Contact the Office of the Registrar to obtain a printed copy.

## Copyright Infringement

No copyrighted material may be copied, reproduced, republished, uploaded, posted, transmitted, or distributed in any way, without explicit permission from the owner of the material, except as provided by the fair use provisions of the Digital Millennium Copyright Act. Modification or use of these materials for any purpose is a violation of copyright and other proprietary rights is prohibited on any website or on any network that uses campus resources to store or transmit such materials. SDSU's policy may be found on the SDSU Network Access Acceptable Use Policy website

# **Drug Law Violations and Consequences**

A federal or state drug conviction for possession, sale, or conspiring to sell illegal drugs can affect your eligibility to receive federal student financial aid, including loans, grants, and work study. If the offense occurs while you are receiving federal student financial aid, you will lose aid eligibility for a certain time period. Each student is notified upon enrollment and may read more about the consequences of a drug law violation.

### **Emergency Response and Evacuation Procedures**

SDSU publishes a comprehensive website that includes policies and procedures for campus emergency responses and evacuation procedures. See Emergency Preparedness.

# **Employment Placement**

SDSU Career Services publishes information annually about employment placement and salary averages of SDSU graduates. The information can be found on the Career Services website.

### **Equity in Athletics Disclosure Act**

The Equity in Athletics Disclosure Act (EADA) requires that any coeducational institution of higher education that has an intercollegiate athletic program and participates in federal student aid programs prepare an annual report on athletic participation rates, staffing, and revenues and expenses, by men's and women's teams.

EADA data for San Diego State University is available at ope.ed.gov/athletics. Under "Name of Institution" enter: San Diego State University. Fiscal year 2014-15 data will be available on the website by December 2015. To request a paper copy of the EADA report:

Chuck Lang
Associate Athletic Director/Business Administration
San Diego State University
5500 Campanile Drive San Diego, CA 92182 (619) 594-6296

# Athletic Notices

The following information is provided pursuant to CA Assembly Bill No. 2079.

### Athletic Scholarships

	California Resident Living On Campus	California Resident Living Off Campus	Out-of-State Resident Living On Campus	Out-of-State Resident Living Off Campus
	2015-1	6 ACADEMIC Y	'EAR	
Cost of Attendance	\$27,452	\$23,480	\$38,612	\$34,640
Full Athletic Scholarship	\$27,260	\$23,288	\$38,420	\$34,448
Average Monthly Full Scholarship (9 Months)	\$3,209	\$2,588	\$4,269	\$3,828
COA Expenses Not Included in Full Athletic Scholarship	\$192	\$192	\$192	\$192
		SUMMER		
Cost of Attendance (12 Units)	\$9,920	\$8,864	\$14,384	\$13,328
Full Athletic Scholarship	\$9,622	\$6,301	\$14,086	\$10,765
Average Monthly Full Scholarship (3	\$3,207	\$2,100	\$4,695	\$3,588

Months)				
COA Expenses Not Included in Full Athletic Scholarship	\$298	\$2,563	\$298	\$2,563

- (a) The SDSU Athletic Department has the discretion to offer athletic aid to its student-athletes that attend summer school. The amount of aid that is provided is subject to budgetary limitations, but per NCAA Bylaw 15.2.8.1.2, the amount of athletic aid provided to returning student-athletes for the summer cannot exceed the proportion of athletic aid received during the regular academic year.
- (b) Pursuant to NCAA rules, a verbal commitment is not binding on either the student-athlete or the institution. The National Letter of Intent is a binding agreement between a prospective student-athlete and an institution in which the institution agrees to provide a prospective student-athlete who is admitted to the institution and is eligible for financial aid under NCAA rules athletics aid for one academic year in exchange for the prospective student-athlete's agreement to attend the institution for one academic year. The National Letter of Intent must be accompanied by an institutional financial aid agreement. If the prospective student-athlete signs the National Letter of Intent but does not enroll at that institution for a full academic year, he or she may be subject to specific penalties, including loss of a season of eligibility and a mandatory residence requirement.

### Scholarship Renewals

- (a) Per NCAA Bylaw 15.3.3.1, an athletic scholarship may not be awarded for less than one academic year nor for a period that would exceed the student-athlete's five year period of eligibility.
- (b) Per NCAA Bylaw 15.3.5.1, the SDSU Office of Financial Aid, upon the recommendation of the Athletic Department, issues a written notice of renewal or nonrenewal to returning student-athletes by July 1 following the period of the award. Each sport program's head coach has the discretion, subject to the approval of the Director of Athletics, to recommend whether a student-athlete's athletic aid is renewed for the following academic year. Per NCAA Bylaw 15.3.4.3, athletic aid may not be reduced or cancelled during the period of the award based on an athletics reason or due to injury, illness, or physical or mental medical condition. Following the period of the award, athletic aid may be non-renewed for any reason; however, when a returning student-athlete's athletic aid is not renewed or is renewed at a reduced amount or reduced duration for the following period, the SDSU Office of Financial Aid notifies the student-athlete in writing that he/she has an opportunity for an appeals hearing before the SDSU Athletic Scholarship Appeals Committee, which is comprised of faculty and non-athletics staff members. (See NCAA Bylaw 15.3.2.3)

### Medical Expenses

- (a) Per NCAA Bylaw 16.4, an institution, conference, or the NCAA may provide medical and related expenses to a student-athlete.
- (b) SDSU, like most NCAA Athletic Departments, provides an athletic insurance policy for its student-athletes (SDSU Athletic Accident Insurance Policy). The SDSU Athletic Accident Insurance Policy will only cover medical costs related to injuries that occur while participating in a supervised practice or competition for SDSU. This is not a comprehensive insurance policy. It is highly recommended that every student-athlete at SDSU have personal medical insurance to cover additional expenses.
- (c) The SDSU Athletic Accident Insurance Policy is designed to act as a secondary insurance policy. If a student-athlete is covered by a personal, family, or private insurance policy, it will be used first. Medical expenses will not be paid under the secondary insurance policy carried by SDSU until any existing personal medical insurance policy is exhausted. If the student-athlete does not have any primary insurance, the Athletic Department will ask the outside medical provider to bill SDSU Athletics directly. Payments will be made according to the schedule of benefits of the SDSU Athletic Accident Insurance Policy. There should be no out-of-pocket expense for the student-athlete if the injury occurred during a supervised scheduled university athletic activity practice or competition at SDSU.
- (d) The SDSU Athletic Accident Insurance Policy will cover expenses incurred during the two years (104 weeks) following the date of injury. The limit of insurance coverage is \$75,000 per injury. Expenses beyond \$75,000 will be submitted to the NCAA Catastrophic Insurance policy for review.
- (e) A second medical opinion can be conducted at the student-athlete's personal expense. Any medical support completed outside of SDSU providers must be coordinated with the SDSU Athletic Department to enable a successful recovery.

### Athletic Release Information

- (a) Per NCAA Bylaw 13.1.1.3.1, if an institution denies a student-athlete's request to permit another institution to contact the student-athletes about transferring, the institution shall inform the student-athlete in writing that he or she, upon request, shall be provided a hearing conducted by an institutional entity or committee outside of the athletic department. Per Bylaw 14.5.5.2.10, in sports other than baseball, basketball, bowl subdivision football, and men's ice hockey, a student-athlete who transfers to another NCAA institution may be immediately eligible to compete if the previous institution certifies in writing that it has no objection to the student-athlete being granted an exception to the transfer-residence requirement. If an institution receives a written request for a release from a student-athlete, the institution shall grant or deny the request within seven business days.
- (b) Student-athletes wishing to leave San Diego State University to transfer to another NCAA institution must secure written permission from the Compliance Department prior to contacting each school of interest. SDSU may also impose a restricted release that would prohibit student-athletes from making contact with specified schools. Each case is separate and determined at the discretion of the Head Coach, subject to the review and final approval of the Director of Athletics. In general, student-athletes may be restricted from obtaining a release to transfer to another conference school, a school where a former Aztec coach is currently employed, the University of San Diego, or any annually (or regularly) scheduled opponents.

If a student-athlete makes a written request to the coach or Assistant Athletic Director of Compliance for permission to contact another four-year institution, the Athletic Department shall notify the student-athlete within seven business days whether the request is approved or denied. If a release request is restricted or denied, the Director of Athletics (or designee) shall inform the student-athlete in writing that the student-athlete, upon request, shall be provided an appeal hearing opportunity. To make this request, the student-athlete shall contact the Faculty Athletics Representative, who will impanel a committee comprised of members of the university community, excluding athletic department staff members, to hear the case. Once the Faculty Athletics Representative receives the student-athlete's written request for an appeal hearing, the hearing shall be conducted (in person or by telephone, if necessary) and a decision by the committee shall be provided within 15 business days of the written request. The decision of the committee is final.

### Family Education Rights and Privacy Act (FERPA)

The summary of the Family Education Rights and Privacy Act (FERPA) includes the following information: informing students of their rights; procedures to inspect and review records; procedures to seek amendment of records; criteria for determining who constitutes a school official and what constitutes a legitimate educational interest; basic information about FERPA and the institutional policies and procedures with respect to directory information.

Student Rights and Responsibilities

US Department of Education FERPA site

### **Financial Assistance Information**

In accordance with federal regulations, San Diego State University is required to notify you of basic information about student financial aid programs. Specifically, we must provide you with a direct individual notice containing instructions on how you can obtain information regarding various financial assistance topics and issues.

The required information can be accessed on the Office of Financial Aid and Scholarships website and through AidLink, a secure website with current information about your financial aid:

- Need and non-need based federal, state, local, school and other private financial aid programs available to students
- 2. Financial aid available for students participating in study abroad programs
- 3. How students apply for aid and how eligibility is determined
- 4. How aid is awarded and disbursed and the frequency of disbursements
- The way the university provides for Pell-eligible students to obtain or purchase required books and supplies by the seventh day of a payment period and how the student may opt out
- 6. The rights and responsibilities of students receiving aid and the criteria for continued student eligibility
- 7. The terms and conditions of any employment (work study) that is part of a financial aid
- 8. The terms and conditions of education loans, including sample repayment schedules
- 9. Loan counseling required before receiving a federal loan and when no longer enrolled at least half time
- 10. The necessity of repaying loans and the terms and conditions under which students receiving federal education loans may obtain deferments
- 11. The criteria for measuring satisfactory academic progress, and how a student who has failed to maintain satisfactory progress may reestablish eligibility for financial aid

You are entitled to receive a paper copy of the information on the Office of Financial Aid and Scholarships website and upon request. You may print the information directly from the site or request a copy from:

Office of Financial Aid and Scholarships San Diego State University 5500 Campanile Drive San Diego, CA 92182-7436 (619) 594-6323

### **General Institutional Information**

General institutional information is found in the General Catalog and the SDSU website.

Information found in the General Catalog includes academic programs; instructional, laboratory, and other physical facilities that relate to the academic programs; faculty and other instructional personnel; associations, agencies and governmental bodies that accredit, approve, or license the university and its programs.

Contact the SDSU Bookstore to obtain a printed copy of the General Catalog: SDSU Bookstore (619) 594-7525

Information found on the SDSU website includes, but is not limited to, current degree programs; the cost of attendance; the refund policy for mandatory fees and nonresident tuition; the policy for returning funds to the federal accounts when a student who has received Title IV financial aid withdraws from the university; procedures to totally withdraw from the university; and services and facilities available to students with disabilities.

Copies of the above information may be printed at the Office of the Registrar. Staff are available to assist you if needed:

Office of the Registrar Student Service West 1641 5500 Campanile Dr. San Diego, CA 92182-7453 (619) 594-6871 registrar@sdsu.edu

Admissions representatives may be contacted at Prospective Student Center (619) 594-6336, admissions@sdsu.edu

### **Graduate and Professional Education**

SDSU offers a variety of graduate and professional educational options. Information on the specific programs and requirements can be found on the SDSU Graduate Admissions website.

### Student Loan Programs Code of Conduct

SDSU abides by the California State University Student Lending Code of Conduct which describes prohibited practices related to loan programs.

### **Transfer of Credit Policies**

Information about SDSU's policies regarding transfer of credit earned at institutions of higher education can be found on the SDSU Office of Admissions website.

# **Vaccinations Policy**

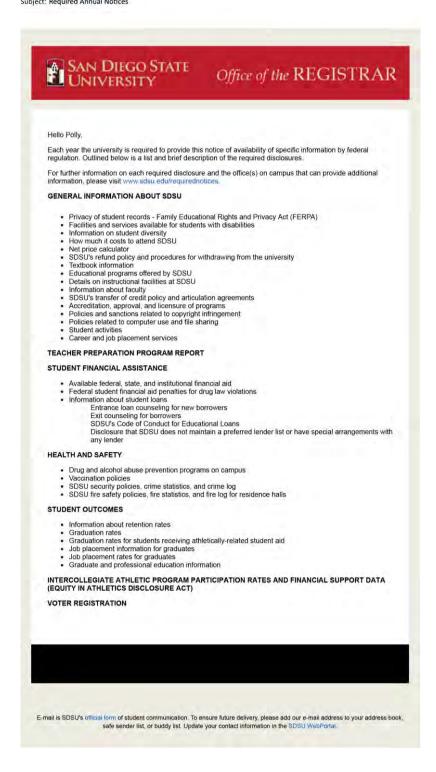
All students must meet specific immunization requirements. Students may bring or send medical documentation or laboratory evidence as proof of immunity to SDSU Student Health Services. If students do not provide proof of immunizations during their first semester at SDSU, they will not be allowed to register for classes the next semester. Students must show vaccinations for the following: measles and rubella (if student was born on or after January 1, 1957), and Hepatitis B (students age 18 or under). In addition, all entering freshmen, particularly those living in residence halls, are required to have received the meningococcal vaccination. Students may receive vaccines at Student Health Services.

# Voter Registration

Voter information can be found at the Voter Registration website.

# Student notification of AOD Risks, Campus Resources, Laws and Campus Policies 4. Student AOD Notification Email 2016

From: SDSU Enrollment Services [mailto:enr.services@sdsu.edu] Sent: Friday, September 30, 2016 2:08 PM To: psipper@mail.sdsu.ed Subject: Required Annual Notices



# Student notification of AOD Risks, Campus Resources, Laws and Campus Policies 5. Student Proposition 64 Notification Email

# MEMORANDUM

TO: SDSU Students

FROM: Dr. Randy Timm, Dean of Students

DATE: November 9, 2016 SUBJECT: Proposition 64

On November 8, 2016, the voters of California passed Proposition 64, which, in certain specific contexts, legalized nonmedical production, sale, possession and use of marijuana by those ages 21 and older.

Please be advised that it will remain a violation of university policy to possess, sell or use marijuana at San Diego State University. The university does not anticipate a change in policy and existing policies will be enforced.

While Proposition 64 does not have any provisions that limit marijuana use on college campuses, the federal Drug-Free School and Communities Act and Drug-Free Workplace Act require that colleges and universities take all reasonable measures to prevent the illegal use of drugs on college campuses and at university-sponsored events and activities. Failure to follow these laws would result in San Diego State University losing eligibility for federal financial aid for our students as well as federal grants and contracts. Marijuana is still defined as an illegal drug under federal law.

Enclosed is a list of FAQ's for students related to the passage of Proposition 64.

# Student notification of AOD Risks, Campus Resources, Laws and Campus Policies 6. Post Proposition 64 Frequently Asked Questions for Students

# Post Proposition 64 FAQs for Students

## Q. So is marijuana now ok to have on campus?

A. No. SDSU, like all colleges and universities, are held to two federal laws, the Drug-Free Schools and Community Act and the Drug-Free Workplace Act. These laws say that in order to receive any federal funding (think work-study, financial aid, and federal research grants), the university must prohibit all illegal drugs. Since marijuana is still illegal under federal law, it remains an illegal substance to possess, sell or use. SDSU must therefore continue to prohibit its use, possession or sale on campus as well.

# Q. Since SDSU is a part of the California State University System, and since the State of California has made marijuana legal, doesn't SDSU have to follow California law?

A. As mentioned above, SDSU is governed by the federal Drug-Free Schools and Community Act and the Drug-Free Workplace Act (see FAQ 1). Failure to follow federal law would cause the university to jeopardize millions of federal dollars that support students, colleges and programs. Also, SDSU is governed by policies set by the California State University Chancellor's office. The CSU Chancellor has also recognized the risk of federal funds being cut, and has made clear that marijuana policies are not going to change...

### My student organization would like to have a cannabis brownie bake sale to raise money for our activities. If we're off campus, is that a problem?

A. Yes it's a problem. First, make sure you understand the new State law's details about who can legally sell cannabis products. Your bake sale would probably still be illegal. Second, SDSU is governed under the Drug-Free Schools and Community Act and the Drug-Free Workplace Act (see FAQ 1). That means all campus sanctioned activities, including student organization fund raising, must remain drug-free as defined by the federal law; federal law still includes marijuana as a banned substance.

# I'm a medical marijuana patient, can I use it on campus?

A. The Drug-Free Schools and Community Act and the Drug-Free Workplace Act (see FAQ 1) do not distinguish medical and non-medical use. So SDSU, like all colleges and universities, prohibits any marijuana use, regardless of medical status.

# Can't I just smoke my pot across the street from the university to get around the SDSU policy?

A. Well, take a look at Proposition 64's regulation of marijuana use. You may find that it's still against State law to use marijuana in this manner. Further, SDSU's student Code of Conduct does, in some instances, apply to conduct which occurs off campus, so it's possible that such use would be considered a conduct violation as well.

# Can I grow a few cannabis plants in my dorm room?

A. No. First, check the rental agreement and you'll see that marijuana is explicitly prohibited. Second, see the discussion of the Drug-Free Schools and Community Act and the Drug-Free Workplace Act in FAQ 1 above. Our residence halls must prohibit all illegal drugs as defined by the federal law.

# Appendix G

# Faculty & Staff notification of AOD Risks, Campus Resources, Laws and Campus Policies

# 1. Faculty and Staff Notification Email

TO: All Faculty and Staff

FROM: Thom Harpole, Director, The Center for Human Resources

SUBJECT: Annual Notification on Drug-Free Schools Act

San Diego State University is dedicated to providing the best academic and professional experience that can be offered to its students, faculty and staff. The use of illegal drugs and the abuse of alcohol are known to be at cross-purposes to this mission and are not tolerated on campus.

The Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act Amendments of 1989 require all federal contractors, federal grant recipients, and recipients of any federal funds whatsoever to implement a comprehensive substance and alcohol abuse policy. The act also requires the annual distribution of the policy in writing to each employee.

To view the Illegal Substance Abuse Policy, it is located on the Center for Human Resources web site: http://hr.sdsu.edu/pdf/Policies/DrugFreePolicy.pdf

# Appendix G

# Faculty & Staff notification of AOD Risks, Campus Resources, Laws and Campus Policies

2. Faculty and Staff University Senate Policy on Alcohol Abuse and Illegal Drugs



### Alcohol Abuse and Illegal Drugs

1.0 The university shall facilitate the prevention, assessment, early intervention, and treatment of problems arising from alcohol abuse and the use of illegal drugs, and it shall enforce with appropriate disciplinary actions university policy and applicable local, state, and federal law.

# 2.0 Prohibitions and Restrictions

- 2.1 The unlawful possession, use, distribution, or manufacture of alcohol or illegal drugs on the campus or during university-sponsored activities shall be prohibited.
- 2.2 Except for alcohol in student rooms where a resident is of legal drinking age, residence halls shall be free of alcohol and illegal drugs. Students who are 21 years of age or older may possess in their rooms for personal consumption a limited amount of alcoholic beverages excluding hard liquor.
- 2.3 The university shall restrict the serving of alcohol to authorized facilities that carefully monitor and supervise the use of alcohol.

### 3.0 Enforcement and Sanctions

- 3.1 Persons who violate alcohol or drug policies shall, in addition to any legal consequences, be subject to disciplinary sanctions up to and including suspension and expulsion from the university. Organizations that violate alcohol or drug policies shall be subject to loss of campus status, funding, and other forms of support up to and including suspension or permanent expulsion from the university.
- 3.2 University offices such as Judicial Procedures, University Police, Center for Fraternity and Sorority Life, Office of Student Life and Development, Office of Student Rights and Responsibilities, and Housing and Residential Life, which are charged with the responsibility for enforcing alcohol and drug policies and imposing sanctions for violations shall, be adequately supported to carry out their responsibilities.

### 4.0 Prevention and Treatment

- 4.1 The university shall provide substance-free housing options for specific programs to encourage healthy lifestyles that are free of alcohol and illegal drugs and that require residents, regardless of age, to commit to meeting community standards.
- 4.2 The university shall develop and support effective prevention, assessment, early intervention, and treatment programs for alcohol and illegal drug use. The programs shall be available to students through Counseling and Psychological Services and Student Health Services, and to staff and faculty through programs supported by the Center for Human Resources.
- 4.3 The university shall periodically evaluate the impact of interventions to reduce alcohol and illegal drug abuse and to mitigate the negative personal and interpersonal consequences thereof.
- 4.4 The university shall inform students of campus policies and sanctions for the abuse of alcohol and illegal drugs through such channels and forums as the following: (a) orientation programs, (b) new member education programs, (c) residential life handbooks, (d) SDSU Website, (e) Greek Guidelines, (f) residence hall meetings, (g) recruitment activities.
- 4.5 Within the rules of applicable state and federal laws and regulations, the university shall communicate to students and organizations instances when sanctions are invoked.

University Senate Policy File, July 2016

# Appendix G

# Faculty & Staff notification of AOD Risks, Campus Resources, Laws and Campus Policies

3. Faculty and Staff Proposition 64 Notification Email

# MEMORANDUM

TO: SDSU Faculty and Staff

FROM: Jessica Rentto, Associate Vice President

DATE: November 9, 2016 SUBJECT: Proposition 64

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To view the SDSU policy on Alcohol Abuse and Illegal Drugs, please click here.